



58

COMPILATION

7 Lectures and the
Lamasery Exercises

Samael Aun Weor



Pegasus Collection

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...“Today and forever, my dear brethren, I renounce, I have renounced and I will continue to renounce the copyright. The only thing that I want is that these books can be sold inexpensively, accessible to the poor, accessible to all those who suffer and cry! May the happiest citizen manage to get this book with the few cents that he has in his pocket! That is all!”

Samael Aun Weor
Pronouncement in the Congress of Guadalajara
Mexico: 29th October, 1976



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Prologue

At this moment in this park in Mexico City, there are before my eyes beautiful trees, beautiful meadows, some children playing under the ardent rays of the sun. There are some benches where people sit to contemplate the beauties of nature.

In the moments in which I am dictating this prologue, many scenes, many dramas, come to my mind, extraordinary passages from ancient times, initiatic schools, solitary hermitages where anchorites meditated in silence, singing streams that rushed among the bedrock, wonderful sibyls of Druid Europe, hermitages of the ancient Egypt of the Pharaohs in the early times, etc., etc., etc.

There is no doubt, my dear brethren, that in the mysteries of Eleusis, as well as in those of Troy, Rome, Carthage, Egypt, etc., the psychic and the physical march in harmonious, perfect parallel.

For example, remember for a moment the Pythagorean mysteries; in those days, anyone who did not know mathematics was not admitted. Remember the Whirling Dervishes, the magnificent runes, the beautiful dances from

ancient India, the perfect rhythmic movements of the Egyptian initiates and you will see, my dear brethren, the extraordinary parallelism that always existed between the spiritual, psychic, and physical aspects.

Undoubtedly, we have a body of flesh and blood. Such a body possesses wonderful eurhythmia, and there are many latent powers that must be awakened in the brain. It is indispensable to learn how to manage our body, to know how to take from it, to extract from it, its sweetest melodies. It is important to make it vibrate like a symphony on the miraculous harp of the infinite universe.

It is absurd, my dear brethren, to allow Heropass (time) to damage this precious vehicle, which has been given to us for our own intimate realization. In truth, I tell you, we Gnostics have precise methods for rejuvenating the organism and for curing all diseases. It is unquestionable that we can learn to heal ourselves. Each of us can become our own doctor, learning to cure ourselves without the need for medicine; this is the most valuable ideal.

It is urgent to preserve this body in perfect health for many years in order to have this precious vehicle for our own intimate self-realization.

Here are the necessary exercises to preserve health and to extend life. Here you have, brothers and sisters, the precious methods by which you will be able to reconquer youth if you are old, and you can prolong that youth indefinitely if you are young.

Understand therefore, read carefully and practice. It is useless to theorize; you must get to the point, to the facts. This is an eminently practical and didactic work at the same time. The teaching is given dialectically but, I repeat, do not be satisfied with bookish information alone, turn the doctrine into facts.

Also included in this work are teachings for awakening the consciousness. The time has come, the moment to awaken. Why should we continue to be asleep? The procedures we are delivering to humanity in this work are efficient and absolutely one hundred percent practical.

By practicing meditation in the way we have taught it, each and every one of the brethren will be able to reach samadhi one day.

Now today, with practical exercises and precise didactics, any sincere aspirant can provoke great change, authentic radical transformation.

Above all, what is truly required is continuity of purpose; it is not enough for us to practice today and forget tomorrow; it is necessary to practice, and practice intensely, throughout your life until you reach the goal, the true triumph.

May peace be with all humanity.

Samael Aun Weor

CHAPTER 1

Reflect, Brethren

I want to tell you in the name of cosmic truth, in the name of that which is real, we need to die from moment to moment, from instant to instant; only with death comes the new. Someone out there, whose name I'm not going to mention, a very famous author, said that perhaps in the year 2007 a Golden Age would come for the world. Obviously, this seems absurd to me. Where are we going to get this Golden Age, with all these egos that are incessantly returning, with the "I's", with the "I"? It seems impossible to me, absurd.

As long as we have not died in ourselves, an age of light and glory is really not possible. How could there be peace on the face of the Earth if each of us carries within ourselves the elements that produce war? How could there be love if within each of us there is hatred? Where would we get altruism, when in the depths of our consciousness we unfortunately have selfishness? How could chastity shine if there is lust in the depths of each of us?

Unquestionably, my dear brethren, it would be impossible to create an age of light in these circumstances; the ego can

never create an age of light. So, any prophecy along these lines seems to me to be totally false.

Obviously, we must die from moment to moment; only in this way does the light come. But what about the multitudes? If the social conglomerate is very much alive, if the “I’s” incessantly return, if they constantly come to this valley of samsara, where then would we get that Golden Age, who would build it? The ego, Satan, the “I’s”, the pluralized “I”, the “I’s” of the multitudes? Reflect deeply, brethren.

The Prophecy about Hercolubus

Obviously, we are on the eve of a great cosmic cataclysm; that is ostensible. Scientists already know a world is approaching the orbit of our planet Earth; it’s called the Red Planet. It is approaching and scientists want to steer it away by means of nuclear explosions but all will be useless; the time will come when all prophecies have to be fulfilled.

Muhammad has already spoken clearly; he spoke about the earthquake that has been in store for us since the beginning of the centuries. He says, “the mountains will be crushed to pieces, becoming scattered ‘particles’ of dust” (The Qur’an 56:5-6). This invites us to reflect.

All this would be impossible if there were no earthquake. But what would cause that earthquake? Undoubtedly, such an event would happen because of a collision of worlds, and that is precisely what is going to happen, my dear brethren. Revelation also tells us about a great earthquake,

one as big as has ever been on the face of the Earth, it says. I want you to reflect very deeply about the moment we are currently in.

We are truly living in difficult times; we are in the end times, as St. John's Revelation says, at the beginning of the end of the age of the Gentiles. The ancient Earth, Atlantis, perished by water; our current Earth will be burned with fire. Peter also spoke clearly about this in his Second Epistle to the Romans, he says that the Earth, and all the works in it, will be burned with fire. And this is true, my dear brethren, the burning elements will melt.

Reflect on this, go deeper. Certainly, what I am talking about has an aspect of tragedy, it's true, but I do not want to waste even a moment in grabbing your attention. You need to live in a state of alertness, yes, especially in these really difficult times.

In the world of natural causes, I was able to experience the future that awaits our planet Earth. What I saw was really frightening—the twelve constellations of the zodiac appeared symbolically, pictorially, allegorically as twelve terrible, threatening, grandiose giants, and from them came thunder and lightning. It seemed as if it was already the end in those moments, the final catastrophe. I also realized, my dear brethren, that people from other worlds know what is going to happen and are preparing themselves. You can be sure that on the day and time, ships from other worlds, from other planets, will take, we could say, photographs (using terrestrial terms in this case), or

printed images on some sheet or something similar, with the purpose of conserving that memory among their archives.

Planet Earth pertains to a world in which humanity has been sentenced for its wickedness, a terribly perverse humanity.

On another occasion, I was talking to my Divine Mother Kundalini and she said to me, "Everything is already lost, the evil of the world is so great it has already reached heaven. Babylon the Great, mother of all types of fornications and abominations on Earth, will be destroyed, and that whole perverse generation of vipers will not have one stone left unturned."

Astonished I said, "Oh, my mother, are we facing a dead end?"

The Adorable replied, "Do you want to make a deal with me?"

"Of course, I do."

"Then you open the dead end," she continued saying, "and I will kill them."

Opening that dead end, my dear brethren, is what we are doing; in these moments we are forming the Army of World Salvation, yes. Blessed are those who know how to take advantage of this dead end because I want you to know concretely, clearly, and definitively that everything you currently see in this world will be destroyed.

When that planet, which is travelling toward our world, toward planet Earth, gets closer, it will obviously burn with its radiations all that has life. As it approaches, it will magnetically attract liquid fire from the interior of the Earth, and then volcanoes will erupt here, there, and everywhere, and there will be frightful earthquakes like never seen or felt before, lava and ashes everywhere.

The Holy Scriptures say that in those days the Sun will darken and will not give its light. Obviously, my dear brethren, that traveling star, the one coming to collide with our earthly world, will interpose itself between the resplendent Sun that illuminates us and our afflicted world.

Then, there will be very thick darkness, terrible telluric movements, and pitiful cries, the temperature will rise frightfully, people will flee here, there, everywhere, and beyond, and there will be no remedy, there will be no escape for humanity anywhere.

Finally, the hydrogen reservoir of our planet Earth will catch fire, and everything will burn in a great holocaust in the midst of infinite space. Thus, brethren, when that world that is coming to collide with ours approaches, Death with its scythe will stop millions and millions of lives. When the purely physical collision occurs, there will be no one alive. Who could resist? Thus, my dear brothers, a perverse civilization will end; thus, this civilization of the wicked will succumb.

What I am saying now may seem to you like something exotic and strange; it seemed the same to the Atlanteans in

those days before the flood, before the waters swallowed up that humanity. Many laughed, rare were those who listened to Manu Vaivasvata who was the authentic biblical Noah who took his select people, his Army of World Salvation, out of the danger zone and to the Central Plateau of Asia, going wherever he found dry land.

Then, the perverse ones, black magicians, lords of the dark side, died in despair. Today, brothers and sisters, we are speaking as we spoke in Atlantis; today I am prophesying as I also prophesied in the submerged continent.

Today I am warning as I warned at that time. There is only one difference; at that time, the land of Atlantis with all that was in it perished by water, and now our present land will succumb by fire. So, my dear brethren, there will be only fire and water vapor, a great chaos, after the great cataclysm.

This earth will be uninhabited. The select will be taken out of the danger zone and to other worlds. When the Earth is in a condition to have human seed on its landscape again, those who have been taken and have crossbred with other races on another world in infinite space, will be brought back to populate its transformed landscape, that land of tomorrow, the New Jerusalem of which St. John's Revelation speaks.

Remember, there will be new heavens and a new Earth, all the prophets agree about that, and the glorious esoteric civilizations of the past will be resurrected precisely on that new Earth. The sixth great root race of the future will

be a mixture of our terrestrial human seed and the best of the seed from other worlds.

I want you to comprehend, then, that the resurrection of past civilizations will be a concrete fact. In the first sub-race of the sixth great root race, that culture, the esoteric civilization that flourished in the Central Plateau of Asia as a result of the submersion of Atlantis in the first age of this race (our fifth race) will be resurrected.

The second sub-race of the future sixth root race will also be great because then we will see the resurrection of those powerful cultures that flourished in South Asia, the pre-Vedic culture, that of the wisdom of the Rishis, of the great processions with sacred elephants, of the ancient Hindu times, etc., etc., etc.

There in that transformed land of tomorrow, the third sub-race of the future sixth root race, the mighty civilization of Egypt, will resurrect, will resurface. Then there will be a new Nile, and new pyramids and sphinxes, and millions of Egyptian souls will return, will reincarnate to make the Neptunian-Amentian wisdom shine upon the face of the Earth with all its splendor and brilliance.

In the fourth sub-race of the future sixth root race on the future new Earth, the Greco-Roman culture will then resurface with all its power, with the mysteries of Eleusis, with the sacred mysteries of Ancient Rome, etc., etc., etc.

And there will be a fifth sub-race, in which the states of the Anglo-Saxon, Teutonic, etc., civilization will be repeated but in a much more elevated, spiritual form.

However, in that epoch some failures will be unavoidable; and there will be some, that is clear. With the sixth sub-race, a culture very analogous to this race that populates our Ibero-American continent, will shine forth but, I repeat, in an octave of a higher order.

And finally, in the seventh sub-race of the future sixth root race, in a future land transformed with new heavens and new seas, one will flourish that is very similar, we could say, to that which is presently in the United States but immensely more spiritual; however, more and more failures will be unavoidable.

Finally, there will come, my dear brethren, another great catastrophe, which at that time will be caused by water, and in the end times a final continent will resurface, a posthumous continent where the seventh root race will flourish.

Today I only limit myself to remembering that we are preparing for a great cataclysm, so those who want to increase the ranks of the Army of World Salvation will come with us. Those who follow us will be taken out of the danger zone at the precise, adequate moment indicated by the great Law.

Those who do not follow us, those who do not accept the teachings, those who reject Gnosticism, esotericism, ancient wisdom, will unquestionably perish. There will be, then, an extraordinary event, something very similar to what I told you happened in ancient times when the Atlantean continent was destroyed.

The mighty civilization of the future, the Golden Age, the Age of Light and Splendor, will only emerge after the great calamity that is coming. It is not possible now simply because the ego cannot create divine cultures. The ego is not capable of enabling the resurrection of esoteric-spiritual types of ancient civilizations.

Therefore, those who prophesy that in the year 2000 or 2007 the Age of Splendor and Light will begin are completely wrong. Believe me, in the name of truth, an age like that can only be built by the Being, by the divine, by the most decent thing we have in the deepest part of our consciousness, never by the “myself”, by the “oneself”, by the “I”.

I want to tell our Gnostic brethren to prepare themselves, I want to advise them to dissolve the ego. They must die in themselves to eliminate the “myself”.

Only the Being can originate powerful civilizations of light. Only those who have died in themselves can emerge victorious in the last hour. They are the only ones who will not enter the abyss; only they will be able to live in the Golden Age without the necessity of passing through the second death.

In my work entitled *The Mystery of the Golden Blossom* I teach you the use of the lance. It is necessary to know how to handle the Lance of Longinus, the weapon of Eros in order to destroy all those psychic aggregates that constitute the ego, the “myself”, the “I”. Undoubtedly, in the forge of

cyclops we can perform marvels, it is there that we can create the *soma puchicon*, that is to say, the wedding garment of the Soul.

It is also there where we can wield that marvelous weapon, that weapon of Eros with which it's possible to destroy the psychic aggregates that constitute the "myself". When we have radically eliminated the ego, only the Being, the divine, that which is perfect, will remain within us.

Believe me, my dear brethren, the ego makes us ugly in the most complete sense of the word. Those who carry the ego within undoubtedly radiate sinister, tenebrous, abominable waves of the left. When death has been realized in oneself, only beauty remains within, in the profound interior, and from that beauty emanates that which is called love.

How can we sincerely radiate love today if we carry the ego within us? The ego needs to be destroyed so only love remains in us. Hermes Trismegistus said, "I give you love, in which is contained all the summum of wisdom."

To love is what's fundamental. Love makes us truly wise in all aspects of existence for it is truly the summum of wisdom.

Authentic wisdom is not of the mind but of the Being; it is a functionalism of the consciousness, a glorious synthesis of that which is called love because love is the summum of all science, of all real and true knowledge.

The mind, my dear brethren, does not know the truth, it is bottled up in the ego, it knows nothing about the real.

Let's destroy the ego, let's liberate ourselves from the mind so what is true, what is the Being, what is real, may remain in us.

In *The Mystery of the Golden Blossom* I teach how to wield that extraordinary weapon which is the spear, and which we now repeat with sincere yearning that you learn to wield it precisely and can destroy each psychic aggregate that constitutes the pluralized "I", the ego, the "myself", the "oneself".

It is precisely in the forge of cyclops where we must invoke Devi Kundalini, our particular cosmic Divine Mother so, with the lance, she can eliminate this or that psychological defect, in other words, this or that psychic aggregate, this or that error, this or that "I". Obviously, she will be able to do it with her weapon, and thus we will die from instant to instant, from moment to moment.

It is not enough to comprehend a defect; it is necessary to eliminate it. Comprehension is not everything; elimination is necessary. We can label a defect with a different name, pass it from one department of the mind to another, etc., but never fundamentally alter it. We need a power superior to the mind, capable of eliminating this or that error. Fortunately, that power is found in a latent state within each of us; obviously, I am speaking of Devi Kundalini, igneous serpent of our magical powers. Only by imploring her can we get her to eliminate the defect we have fully comprehended.

Dying in this way, from moment to moment, as we have already indicated, the delightful instant will arrive in which only the divine, perfect Being, that which is real, will dwell within each of us.

Those who really want to become part of the future civilization, those who do not want to descend into involution, submerged in the bowels of the Earth, must dissolve the ego. We are then faced with a dilemma, either we dissolve the ego on our own, by our own will, or it is dissolved for us.

If we do not resolve to dissolve it, if we do not disintegrate it, nature will take care of it in the infernal worlds, in the infra-dimensions of the cosmos, within the living entrails of this planet on which we live. But under what conditions? Through infinite bitterness, endless sufferings, and dreadful afflictions impossible to describe in words.

Reflect, I invite you to reflect very carefully on this aspect and to die in yourselves; comprehend my words, which for many may be the last chance.

CHAPTER 2

Gnostic Paladins

Working continuously here in Mexico over the course of eighteen years in the permanent work of spreading the Gnostic teachings, I have fought very hard to form the Gnostic Movement.

After such hard work, I have managed to prepare a group of paladins who are willing to build a gigantic movement extending from border to border and from sea to sea, that is, from the border with Guatemala to that of the United States, and from the Atlantic to the Pacific.

All this has been a matter of intense work, of tireless struggle. Today, we already have several groups organized, and have laid the foundations for the gigantic work that awaits us, since the Gnostic Movement in Mexico will soon be powerful and organized in accordance with the Law.

We have a lot of people in first chamber, many aspirants attending different groups of first chamber. There are fewer aspirants in second chamber and this is because they need better preparation; at this stage of teaching, I am more careful about a student going into second chamber. I have to be sure the aspirants are completely defined. It's clear

esoteric aspects of great responsibility come into play in second chamber, and obviously there needs to be a lot of reverence, respect, and responsibility in the student.

The student must enter second chamber properly prepared to appreciate its esoteric value. I would not authorize entrance to individuals who are not completely defined, that would be absurd, that is why I take a long time before someone goes into second chamber. There are times I don't allow it for one or two years. There are individuals I delay going into second chamber for up to three years because they haven't attained the needed level.

Now, there are very few for third chamber, of course, because they must be very well defined. Here in Mexico, the third chamber works in a very special place. I want to say emphatically that third chamber has only one objective, to awaken consciousness. There, we dedicate ourselves as a group to work for the awakening of consciousness as I said—with practical, effective methods.

In third chamber we have individuals who already work in the Jinn states, who work perfectly in the fourth dimension, who travel with the physical body through the fourth coordinate, the fourth vertical. There are people who have gone to Tibet with the body of flesh and bone in the Jinn state. Of course, they are people of third chamber.

Here, one works intensely in concentration, meditation, samadhi, etc. Here, the brethren in third chamber are awakening very quickly because we work at full speed, in a practical manner, to depart in the astral body, in Jinns, in

ecstasy, and I won't be content until they are totally awakened.

I have told those of third chamber here in Mexico that the moment will come when we will have to meet solely in the Jinn state, and those who are not prepared to come with their body in the Jinn state will be left out. There are some who are struggling, and others are very happy because they have achieved their objective. This is the essential thing, to work intensely in the practices.

The time will come when everyone will have to come in the Jinn state, and those who do not come will not be admitted to third chamber.

You have to see the way in which my Real Being raised me, by force. He did not leave me in peace for even a minute. For example, I would not have finished lying down when he'd take me out of the physical body into the astral body right there. My inner Real Being fought and fought desperately to raise me from the mud of the earth; he did not leave me still for even a second, until the day came when I returned to the real path.

If you read Dante's *Divine Comedy*, he begins by descending into the inferno and then says, "... I found myself within a forest dark, For the straightforward pathway had been lost." Dante says that, doesn't he? And I say the same thing of course I was a fallen bodhisattva but my Real Being brought me back to the straight path and then raised me; now, I am standing once again.

When the Real Being wants to raise you, he makes supreme efforts to raise you, and he raises you up. Now, thank God, we are already fighting, working under the Father's orders. Hence, we go, little by little. What's important is that people receive the teachings, that everyone receives the message, and that they know how to take advantage of it. That is what's important.

CHAPTER 3

Inhabitants of the Sun

Ordinary people believe that the Sun is a ball of incandescent fire, and that concept is mistaken, it's false, it's a completely medieval way of thinking. In the Middle Ages it was believed the star that illuminates us was a ball of fire. It is an incorrect way of thinking by the people but what are we going to do, that's the way humanity is.

Some scientist supposes the Sun is a cloud of helium in an incandescent state, and if that were so the planets of the solar system would leave their orbits, they would never have gravitated around it. The mere fact the celestial spheres gravitate around that luminous center is clearly indicating that it is a physical Sun.

The scientist who asserts that the Sun is a cloud of helium and weighs nothing, based on mistaken calculations, is undoubtedly an erudite ignoramus.

I ask, why do the planets gravitate around the Sun, on what basis, on what nuclear or gravitational center can the planetary system be based? The very fact the worlds gravitate around that star is telling us that such a world, such a

star called the Sun, weighs much more than all the planets of the solar system. This is the only way we can explain how the worlds gravitate around the Sun, though it's not understood by men of science.

We occultists have marvelous instruments for the investigation of life in the superior worlds. The astral body, the eidolon, allows us to travel from one planet to another. With this vehicle called the eidolon, the astral or sidereal body, I have transported myself many times to the Sun; therefore, I know it very well, I really know how it works, what it is made of, what its surface is like, and what's in the Sun.

I can tell you that the Sun is a gigantic, enormous world, many millions of times bigger than the Earth or Jupiter. It has rich mineral, plant, animal, and human life, very high mountain ranges, north and south poles covered with ice, enormous and deep seas, extraordinary jungles, etc., etc., etc.

Incredible as it may seem, there are places on the Sun where one could die of cold, immense mountains covered with snow with extremely cold climates. There are also very pleasant temperate climates and warm climates. The coasts, for example, are very hot because they are at the foot of the seas, that is obvious.

So then, on the Sun there are all climates. The inhabitants of the Sun never live in cities, they consider it absurd to form cities, and we agree with them because, to a large degree, city life is really harmful and detrimental.

In cities, human beings live perched on top of each other in multi-story buildings, one house stuck to another, between

the smoke of factories and cars, brushing against each other, harming each other voluntarily or involuntarily, etc. This is why the inhabitants of the Sun would never make the mistake of living in cities, they do not like cities, and though they normally live in the countryside, they have small villages where they do scientific research.

Once, in my sidereal vehicle or astral body, I was speaking there with a group of solar sages. They attended me very harmoniously. The interesting thing was that, although I was in my astral or sidereal body, they could see and hear me. There is no doubt they were there in those moments, in bodies of flesh and blood, and they saw me as if I was also in a physical body, which indicates they possess extraordinary faculties of clairvoyance, clairaudience, etc.

We talked, yes, seated at a beautiful table, and then they excused themselves because it was the precise moment to go to the observatory. I saw them there looking through lenses and making enormous and complicated mathematical calculations.

In those days they were very concerned with a very distant system of worlds, located many millions of light years away, quite far from the solar world where they live.

They were very interested in thoroughly investigating such a set of worlds because in those days they were planning to make an expedition to those distant worlds. Clearly, the inhabitants of the Sun possess marvelous cosmic ships that can travel through space but they were properly plotting the route and making the calculations to be able

to arrive with precision to the aforementioned system of worlds, which in those days they were very interested in examining exactly.

I was frankly amazed. Those telescopes they have are extraordinary. Esoterically speaking, we can call such telescopes *tescohanos*; a rather exotic term, isn't it? *Tescohanos*.

It is very new for you to know, for example, that there are inhabitants in the Sun, isn't it? Well, you should also know that with their telescopes they can see the planet Earth and any other planet in the solar system. Not only can they see our world with their lenses but also the cities and houses we have on Earth. They can see the people who live in every house they want to investigate, and not only see them from merely the physical point of view but from the esoteric or occult aspect. They can see perfectly well the aura of people, the psychological state in which any person is, etc.

They are not unaware of the disastrous state of our planet Earth, and they regret the state in which we find ourselves; they wish the best for our world, unfortunately, we have to recognize that the Earth is completely failed. In no way do they desire or want to have relations with people who possess the ego, the "I", the "myself", the "oneself", the legion.

Solar inhabitants only come into contact with people who are really dead. When I speak in this way (really dead people), I want you to understand me; I am not talking about physical death, I am emphatically referring to the death of the ego.

When I say really dead, I am implying that they only wish to come in contact with people who have already disintegrated the ego, who have already died in themselves, in the “I”, in the “myself”, in other words, who do not possess ego, that is to say, who do not have ego, who are free of the “I”. And they are right in that I am completely free of the “I”. And they are right in that I am completely free of the ego.

They are right, and I am completely in agreement with them because those who have ego, who still have the “I”, emit a kind of sinister, fatal, diabolical, perverse vibration. People like that bring disorder wherever they go. Such people, who have such an egoic and diabolical condition, could never live in harmony with the Infinite. That is why they do not want to have, shall we say, personal relationships with individuals or people who have not died in themselves, who have not dissolved the ego, the “I”.

Some beautiful landscapes of the Sun come to my memory; there is such a profound, gigantic sea there, with such clear and beautiful waters, that I was amazed. In my astral body I have arrived many times at a certain bay in a small boat where I have rested for hours on end; it is clear that in the astral body one can also sail in some boats, naturally made of astral matter, and one can also get into any, let us say, physical boat.

Anyone who knows how to travel in the astral body can do the same, that is clear; what you have to do is become conscious, those who are asleep cannot do these things. I found that bay to be beautiful. That sea is millions of

times bigger than the entire planet Earth; I can assure you that if we were to deposit all seven seas of the Earth into that sea, it would be just like pouring a glass of water into that great ocean.

Think what the size of that great ocean means—any of our oceans, those we have here on our planet, is a small puddle compared to that immense sea I am referring to on the Sun.

From time to time I saw certain sea monsters rise to the surface, contemplate the horizon, and then turn and dive back into the incalculable depths of the solar sea. All this is inconceivable to Earthlings.

The people of this age think of the Sun as a ball of fire, and no one can get that idea out of their heads.

Looking from the astral point of view, the Sun is extraordinary. For example, there is a secret path that leads to the heart temple of the Sun; of course, it is not a physical path, and I want all of you to understand that. I am referring to a secret, astral, esoteric path that leads, as I said, to the heart temple of the Sun. It is a path that does not belong to dense matter. When one gets close in order to see it on the surface, the only thing one perceives is a great depth, a dark abyss, but there in the depths, in the unknown, some flames can be seen.

I have been able to descend through that great precipice to reach those flames in my astral vehicle. There a great being blesses you; he is the doorkeeper or guardian of the temple, he blesses us with a bouquet of olive branches.

Then, through a secret path, you go to the heart temple of the Sun.

In the heart temple one encounters the seven Chohans, seven great beings who work in the solar system. There one feels the ebb and flow of the Great Life, the systole and diastole of the whole system in which we live, move, and have our Being. It can be said that the heart of the Sun, the heart of the solar system, is there; seen from afar, the solar system looks like a man walking through the unalterable infinite space, and it has functional organs. For example, Mars is the liver of the solar system, and the Sun itself is the heart but that heart must be sought in the very core of that central mass.

Indeed, the most powerful ray of the Sun vibrates at dawn and belongs to the Kundalini. This is why it is of interest and even very advisable to practice the *sahaja maithuna* at dawn, at daybreak.

There are also different elementals of nature in the Sun, as there are in every planet. Life ebbs and flows there with unceasing beauty.

Scientists suppose the Sun to be a ball of fire or a cloud of helium, or whatever. Ordinary people think of the Sun as a great bonfire, and the closer you get to it, the more exposed you are to being burned; there is no such thing. Go up a mountain 5,000 meters high and you will see that you will freeze to death, and if you were to go up in a hot-air balloon to the stratosphere, you would freeze to death there. In interplanetary spaces, the temperature reaches minus 120 degrees Celsius.

So, there is no such thing as the Sun being a ball of fire. It is a planet that is extremely rich in mines of uranium, radium, cobalt, etc., and since it is so immense, it is clear that the radiation of its mines is also very strong, very powerful. The sum total of radiation from the mines produces tremendous radiation. All the radiation of the mines, all the atomic energy they have traverses interplanetary space, and when they reach the terrestrial atmosphere, the atmosphere itself decomposes those radiations into light, heat, color, and sound.

It is precisely the upper layer of the Earth's atmosphere that is responsible for analyzing and decomposing the Sun's rays into light, heat, color, and sound; but in interplanetary space there is intense cold, as I said, and it reaches up to minus 120 degrees Celsius.

Thus, it is not that the Sun is a ball of fire, as common people believe and as some scientists suppose; rather, it is rich in mines, and when its irradiations decompose in the Earth's atmosphere, they are converted into or become light, heat, color, and sound. The radiations of the Sun not only reach the planet Earth but they reach all the worlds of the solar system, and the same thing happens on each planet.

Having made this explanation, it is convenient to remove these false ideas from our minds once and for all, and to know that the Sun is not a ball of fire.

Many astronomers are distracted by studying the Sun's halo, the Sun's corona; they think this corona must be a

physical, material mass, a dense mass, and there is no such thing. The corona of the Sun is a kind of aurora borealis formed by the electricity and magnetism of that star itself, that is all.

The inhabitants of the Sun are people of a stature or body more or less like that of men or human beings on Earth. The people of the Sun are like the people of the Earth in size but their bodies are harmonious, perfect, beautiful; men and women live in a state of unsurpassed harmony.

Question: Master, if there were no atmosphere on Earth, would our planet be a dark world?

Answer: If there were no atmosphere of any kind on Earth, it could be a dark world. In this case you might object that there is no atmosphere on the moon and yet there are times when there is light and also when there is darkness, or that it has, shall we say, one half in light and the other half in darkness, that is to say that the lunar month is divided into a time of light and a time of darkness according to the cosmic periods that are well known and which astronauts have used for their expeditions. In any case, it has already been officially accepted that there is an atmosphere on the Moon and that, although rarefied, incipient, it can perfectly break up the Sun's rays into light, heat, color, and sound.

If there were no atmosphere on our planet Earth, this decomposition would not exist, there would be darkness, but since the dense mass could put up a resistance to solar radiation, with this resistance, heat could then be produced

and it could even be possible that this dense mass, by opposing the radiation, would glow, transforming the radiation not only into heat but also into light; then there would be light anyway but with an unbearable heat.

CHAPTER 4

Inhabitants of the Sun Sirius

Sirius is the capital, shall we say, of this entire galaxy in which we live. This galaxy, the Milky Way, the macrocosmos, has many millions of solar systems, and all the suns and planets revolve around the central sun Sirius. Sirius is millions of times larger than the sun that shines on us, and it has a twin brother, which is a moon 5,000 times denser than lead. That moon revolves around Sirius incessantly; Sirius is thus a double star.

It is very interesting to know that the very nucleus of this great galaxy is properly polarized.

From Sirius itself come all those radiations that govern all the super-heavens of the various worlds that make up the galaxy, and from its twin brother, that very heavy moon 5,000 times denser than lead come all those negative, sinister influences that characterize each of the satellite-moons that revolve around its worlds—fatal, sinister radiations that govern the infra-infernos.

There is a third force that we would call neutral, which allows a certain balance between the positive and negative powers. You see how the galaxy is properly balanced

between light and darkness, between positive and negative. Sirius itself is a gigantic world that has rich mineral, plant, animal, and human life. Its inhabitants are of very short stature, they are not even a meter tall, I believe they are about half a meter tall, slender in body and with a beautiful appearance; they are true Adepts of the White Brotherhood.

On Sirius, no one can reincarnate who has not reached the stature of a Kumara; there, those Men are true Gods. They live humbly in the fields, and no one thinks of building cities; the idea of making cities is typical of unintelligent people. The inhabitants of Sirius would never make such a mistake.

They have humble houses; they wear simply woven tunics. Each house has its orchard where the Sirians grow their food, and its gardens where they grow their flowers. They live in peace and harmony with each other.

No one would think of waging war or anything like that, for all that is barbaric and savage. The Sirians are very cultured people, truly enlightened Men in the most transcendental sense of the word.

The Transcended Church is there; one is amazed when one enters that temple of wonders. The great initiates of the galaxy officiate there; I have attended the ceremonies several times.

The Cosmic Drama, the life, passion, and death of the Christ, is constantly being enacted or lived there. In the

heart temple of that gigantic world, of that extraordinary sun, we find the God Sirius, and with him all his initiates, his disciples. Sirius is really the capital of the great galaxy in which we live.

CHAPTER 5

Useless Dreams

Well, I am going to speak about something that's very important; I want to refer emphatically to the matter of dreams. The time has come to get to the bottom of this question. To stop dreaming is what I consider to be most important. In reality, dreams are nothing more than mere projections of the mind and therefore illusory; they are useless.

Indeed, it is the ego that projects dreams, and obviously those dreams are useless; we need to transform the subconscious into conscious. We need to radically eliminate not only dreams but also the possibility of dreaming, and that is serious; it is unquestionable that such a possibility exists as long as subjective elements exist within our psyche.

We need a mind that does not project, we need to exhaust the thinking process. The projecting mind projects dreams, and these are vain and illusory. When I speak of the projecting mind, I am not referring to simple projections such as those made by an engineer who draws up

or projects the plans for a building, a great bridge, or a highway, no; when I speak of the projecting mind, I mean every intellectual animal.

It is clear that the subconscious always projects—not only houses, buildings, or things like that, no. Let me clarify; it projects its own memories, its own desires, its own emotions, passions, ideas, experiences, etc., etc., etc. The projecting mind, I repeat, projects dreams, and it is clear that so long as the subconscious exists, projections will exist. When the subconscious comes to an end, when it has become conscious, projections come to an end, they can no longer exist, they disappear.

If we want to reach authentic illumination, it is necessary and urgent, we could say, to transform the subconscious into conscious. Undoubtedly, such a transformation is only possible by annihilating the subconscious. But the subconscious is the ego so we have to annihilate the ego, the “I”, the “myself”, the “oneself”, and this is how the subconscious is transformed into the conscious. The subconscious needs to cease to exist so the objective, real, and true consciousness appears in its place.

In other words, I want to say that so long as any subjective element exists (no matter how insignificant it may be) within ourselves here and now, the possibility of dreaming continues but when subjective elements end, when there is no longer any subconscious element left in our psyche, the result is objective consciousness, authentic and true illumination.

An individual who possesses objective consciousness, who has eliminated the subconscious, will live in the suprasensible worlds completely awake, and while his body sleeps in bed, he will move in those worlds at will, seeing, hearing, and touching the great realities of the superior worlds.

It is one thing to walk in the hypersensitive worlds with objective consciousness (which is to say, awake), and another to do so in a subjective, subconscious state, projecting dreams. You see what a great difference exists between the one who wanders through those regions projecting dreams, and the one who lives there without projecting, with the consciousness completely awake, illuminated, in a super-exalted vigil state. Obviously, the latter is truly enlightened and can, if he so wishes, investigate the mysteries of life and death, and know all the enigmas of the universe.

There is a certain author who says dreams are nothing more than disguised ideas, and if that is so, we can clarify the matter a little more, saying they are projections of the mind because those disguised ideas are projected mentally, and that is what dreams are; therefore, they are false and vain. But the one who lives awake no longer dreams.

No one could live awake without having died in himself, without having annihilated the ego, the “I”, the “myself”. That is why I want all the brethren to be more concerned about the disintegration of the ego because only in this way, by disintegrating that terrible legion, will you be able to remain radically awake.

Undoubtedly, it is not easy to eliminate subjective elements; there are many and they are varied. This elimination is processed didactically, gradually, but as one eliminates such elements, the consciousness becomes objectified, and when the elimination is absolute, the consciousness becomes totally objectified, awake. Then the possibility of dreaming has ended, has concluded.

The great adepts of the Universal White Fraternity do not dream; they possess objective consciousness, the possibility of dreaming has disappeared for them, and one finds them in the superior worlds in an intensified vigil state, totally illuminated, directing the current of innumerable centuries, governing the laws of nature, converted into gods who are beyond good and evil.

It is therefore essential to comprehend this in depth. In order to synthesize better so everyone can extract an exact summary, I want to tell you the following:

1. The subconscious is the ego itself. Annihilate the ego, and the consciousness will awaken.
2. The subconscious elements are infrahuman elements everyone carries within; destroy them, and all possibility of dreaming will end.
3. Dreams are projections of the ego and are therefore useless.
4. The ego is mind.
5. Dreams are therefore projections of the mind.

6. You should note this very carefully: it is indispensable to not project.
7. Not only do we project things of the future, we constantly live projecting things of yesterday.
8. All kinds of present emotions, morbidities, passions, etc., etc., etc., are also projected.

Projections of the mind are therefore infinite; consequently, the possibilities of dreaming are infinite. How could a dreamer be considered illuminated? Obviously, the dreamer is nothing more than a dreamer; he knows nothing about the reality of things, about that which is beyond the world of dreams.

It is indispensable that our brethren of the Gnostic Movement concern themselves with awakening, for which it is required that they truly dedicate themselves to dissolution of the “I”, of the ego, of the “myself”, of the “oneself”; may this be their main concern.

As they die in themselves, the consciousness will become more and more objective, and the possibilities of dreaming will progressively diminish. Meditating is indispensable to comprehend our psychological errors. When one comprehends one has this or that error or defect, one can have the luxury of eliminating it, as I teach in my work entitled *The Mystery of the Golden Blossom*.

To eliminate this or that error, this or that psychological defect, is equivalent to eliminating this or that psychic aggregate, this or that subjective element, within which exist the possibilities of dreaming or projecting dreams.

When one wants to eliminate a defect, an error, or a psychic aggregate, one must first comprehend it but, brethren, it is not enough to solely comprehend, it is necessary to turn to something deeper, more profound; it is necessary to capture the deep meaning of that which one has comprehended, and one can only achieve that apprehension through deep, profound, very intimate meditation.

The one who has captured the deep meaning of that which he has comprehended is in a position to eliminate. To eliminate psychic aggregates is urgent. Psychic aggregates and psychological defects are basically the same; any psychic aggregate is nothing more than the expression of a psychological type of defect.

That they must be eliminated is clear but first we must have comprehended them, and also grasped their deep meaning. This is how we continue to die from instant to instant; only with death comes the new. Some want to be awake in the astral, in the mental, etc., but they do not concern themselves with dying, and the most serious thing is that they confuse dreams with true mystical experiences.

Dreams are one thing (nothing more than simple projections of the subconscious), and real mystical experiences are another. Any authentic mystical experience demands a state of alertness and awakened consciousness.

I could not conceive of mystical experiences with a sleeping consciousness. Therefore, the real, true, authentic mystical experience only comes when we objectify the consciousness, when we are awake.

Reflect, brethren, reflect profoundly on all of this; study our work *The Mystery of the Golden Blossom*, concern yourselves with dying from moment to moment, only in this way will you really achieve the total objectification of the consciousness.

Question: Master, all those masses that run around out there like crazy people, are they asleep, are they projecting, are they dreaming, are they deranged?

Answer: Certainly, those people who are running around out there in droves are dreaming. It is not necessary for their bodies to be lying in bed, snoring away in the middle of the night, to be dreaming.

People dream right here in flesh and blood. Just as you see them running like crazy down the street, roaming in that constant coming and going like machines without rhyme or reason, without orientation, so too do they walk in the internal worlds when the physical body is asleep in bed.

What happens is these people who dream in life, who go about dreaming like this in the so-called wakeful state, that you see asleep, dreaming; when the hour arrives in which their physical body sleeps, they abandon that vehicle and enter the suprasensible worlds taking their own dreams to those regions, in other words, everyone takes his dreams to the internal worlds both during the hours in which the body sleeps and after death.

People die without really knowing how, enter the inner worlds dreaming, live dreaming, are born without

knowing when or how, and in practical life they go about dreaming at all hours.

It is not strange then that people fall under the wheels of automobiles, that they commit so many crazy acts; it's because they have their consciousness asleep, they are dreaming.

To stop dreaming is indispensable. The one who stops dreaming here and now stops dreaming in every corner of the universe, he is awake everywhere. He who awakens here and now awakens in the infinite, in the superior worlds, in every place of the cosmos.

What matters is to awaken here and now, in this very moment in which we are speaking, from instant to instant, from moment to moment.

CHAPTER 6

S.O.L. Key

Unquestionably, what matters most in life is the intimate realization of the Being. I once questioned my Divine Mother Kundalini, saying to her, “Is the path that leads to resurrection exceptionally long?”

She answered me, “It’s not that it’s so long; what happens is it’s necessary to carve it, to chisel it, to work hard on the Philosopher’s Stone. You have to give the rough stone the perfect cubic shape.”

Our motto is Thelema, that is to say, will. Let’s begin by awakening consciousness. Obviously, all human beings are asleep, and it’s necessary to awaken in order to see the path. The essential thing is to awaken here and now. Unfortunately, people sleep; it seems incredible but it is so.

We walk the streets with our consciousness asleep. We are at home, at work, in the workshop, in the office, etc., with our consciousness deeply asleep. We drive the car and go to the factory with our consciousness tremendously asleep.

People are born, grow, reproduce, age, and die with their consciousness asleep, and they never know where they

come from or what the objective of their own existence is; the most serious thing is they all believe they're awake.

Many people, for example, concern themselves with knowing many esoteric things but never concern themselves with awakening consciousness. If people would make a resolution to awaken here and now, they would immediately be able to know all the things that are enigmas for them; and that is why skepticism exists, because the skeptic is ignorant. Ignorance is sleeping consciousness.

Certainly, I must tell you in the name of truth that skepticism exists because of ignorance, and indeed the day when man ceases to be ignorant and awakens consciousness, skepticism will disappear because ignorance is equivalent to skepticism and vice versa.

Our doctrine is certainly not that of convincing skeptics because if today we convince one hundred skeptics, tomorrow ten thousand will appear, and if we convince ten thousand, a hundred thousand will appear, and so we would never finish.

The system to achieve the intimate realization of the Being is a matter of conscious works and voluntary sufferings but what's needed is continuity of purpose in the three factors of the revolution of consciousness. Logically, to achieve the awakening of consciousness, it is necessary to die from instant to instant, from moment to moment.

In the presence of a glass of liquor, the sleeping man ends up drunk. When the sleeping man finds himself in the

presence of the opposite sex, he ends up fornicating. The sleeping man identifies with everything around him and forgets himself.

At this moment an unusual case of Pyotr Demianovich Ouspensky is coming to my mind; while walking through the streets of St. Petersburg, he had resolved to not forget himself even for a moment. He was remembering himself from moment to moment; he says he even saw a spiritual aspect in everything, as if he felt transformed and his spiritual lucidity increased, etc. However, something very curious happened. He suddenly felt the need to go into a cigar store to have his cigars prepared. Certainly, after he had been served and his cigar order had been dispatched, he went out very nonchalantly smoking along an avenue, and walked through different places in St. Petersburg, remembering different things, engaged in various intellectual matters, etc., in other words, he became absorbed in his own thoughts.

An hour and a half later, he was at home. Suddenly he took a good look at his living space, his bedroom, his living room, his desk, etc., and remembered that he had fallen asleep; he had wandered about in many places with his consciousness awake, and upon entering the cigar store, his good intentions of staying awake had been reduced to cosmic dust. He regretted the case. It took him an hour and a half to get home from the cigar store, he spent all that time on the streets of that city with his consciousness totally asleep.

You see how difficult it is to keep the consciousness awake from instant to instant, from moment to moment, and from second to second, and that's foremost, to not forget oneself for even an instant if one has true yearnings to awaken.

Wherever you go, wherever you are, in whatever room, whether you walk the streets on foot or you're in a car, whether you travel by day or by night, wherever you are, whether at work or in the workshop, wherever you are, you have to remember yourself. In the presence of any beautiful object, any showcase where very beautiful things are exhibited, very precious jewels, etc., one must not forget oneself, one must not identify with anything that fascinates us or that we like.

Subject

There is a need, then, to always be remembering oneself, not only in the physical but watching one's own thoughts, feelings, emotions, deductions, cravings, fears, yearnings, etc., etc., etc., and so many other things.

Object

The second aspect that I find quite interesting, my dear brethren, is to not identify with things, as we have already said. If you see a beautiful object, a suit in a showcase, an exhibition of something or an exhibition of whatever, like a very beautiful automobile or shoes never seen before, a rare animal, or an elephant that flies or a camel that

appears in the middle of the room, etc., the fundamental thing is to be vigilant and to not identify with anything, to know how to distinguish between what's normal and what's abnormal because the first thing you have to do is reflect.

Do not identify yourself with the object, thing, or creature you're seeing because if you identify yourself with what you're seeing, with the representation physically before your eyes, what happens is you become fascinated, that is, from identification you pass to fascination, and the one who is enchanted, amazed, identified, forgets himself and the consciousness falls into a deep sleep.

With this misguided course of action—allowing oneself to be foolishly fascinated—the only result is that the consciousness remains asleep, my dear brethren, and this is really grave, very grave, very serious, very very serious.

Location

At this moment, an unusual memory comes to my mind. Many, many years ago, when I was in South America walking the world, as they say, because I always walked to and fro, it happened that one night I saw myself passing through a garden, then I came to a room, I went through it, and finally I went into a lawyer's office. There I saw a very nice lady of a certain age, somewhat gray-haired, sitting at the foot of a desk, who received me and stood up to welcome me.

Suddenly, I noticed that there were two glass butterflies on the desk. Well, there's nothing unusual about that, seeing

two butterflies, is there? But the interesting thing was the two butterflies had a life of their own, they moved their wings, their little heads, their little legs. That's strange, isn't it? That was something unusual and strange, a pair of living glass butterflies; well, it's not normal, of course it's not natural, my dear brethren, it's quite rare, it's something to really pay attention to.

Well, do you know what I did? I didn't identify with the pair of butterflies, I just reflected, I said to myself, "How is it possible that there are butterflies in the world with glass wings, a glass body, glass legs, glass head, that breathe and have a life of their own like natural ones?" So, I reflected, my dear brethren, what if I had identified with the butterflies without any analysis, without reflecting on those glass butterflies, what if I had been fascinated? I would have become enchanted and fallen into unconsciousness. Well, that would have been foolish, wouldn't it?

But I reflected, I said to myself, "No, this is strange, this is very strange, it's impossible for these kinds of creatures to exist in the physical world, no, no, no, this is not normal, something is unusual here, there's something strange here. This kind of phenomena, as far as I know, does not exist in the three-dimensional world, this is only possible in the astral world, unless I am in the astral. Could it be that I am in the astral world?"

Then I asked myself, "Could it be that I am asleep, could it be that I left my physical body somewhere? Well, this is very strange, and to find out for sure I'm going to take a little

jump with the intention of floating to see if I am in the astral, or to see what's going on." So I said to myself, brethren, with all confidence I tell you that is how I proceeded. Of course, I had to proceed in that way and not in any other way, right? But I was embarrassed to go and jump there in front of that lady.

Then I said to myself, "This lady might think I'm out of my mind, jumping up and down here in her office." Although everything was so normal, a desk like any other, the chair where the lady sat was one of those that turns from one side to the other, there were two candelabra in that office, now that I remember, one on the right and another on the left, they looked like solid gold.

I remember this very accurately, my dear brethren, although it was a long time ago, many years ago. However, I remember the candelabra had seven arms, for I was very young at the time. Well, speaking here in all confidence, I didn't find anything strange in that office, everything seemed normal in that office but the only thing that was really strange was when I looked at the butterflies. For the rest, I said, "There's nothing strange about this lady, she's as normal as all ladies in the world, but I'm intrigued by these butterflies, the fact that they have a life of their own is very strange." Well, be that as it may, I decided to get out of there and that's what I did, with the intention of taking a little jump. You know? Of course, I had to give some excuse to the lady; I begged her pardon, I told her I needed to leave for a moment, and I got out of there.

Once I was out in the corridor and sure no one was watching me, I took a long jump with the intention of floating. And what if I tell you what happened? Because I tell you sincerely, I immediately floated in the surrounding environment. Of course, I felt delightful, my dear brethren, delightful. I then said to myself, "I am in the astral body, there is no longer the slightest doubt here." I remembered I had left my physical body asleep in bed a few hours earlier, and that by moving around in the astral body, I arrived there in that office.

I returned to that office, sat down again in front of the lady, and spoke to her with much respect. I said to her, "See madam, we are in the astral body." The lady just looked at me with eyes as if she were sleepwalking, surprised. She didn't understand me, she didn't comprehend me. However, I wanted to clarify a little, and I said to her, "Madam, remember that you went to sleep a few hours ago; so, don't think what I'm telling you is strange. Your physical body is asleep in bed, and you're here in the astral talking to me."

But that lady definitely did not understand; she was deeply asleep, her consciousness was asleep. Seeing that everything was useless, comprehending even a cannon shot wouldn't wake that poor lady who had never dedicated herself to this work of awakening consciousness, well frankly, my dear brethren, I decided to ask her to excuse me, and I left.

Well, I want to tell you something curious; many years later, maybe thirty years or more, I had to travel to Taxco, Guerrero. Taxco is a very beautiful town located on a hillside and built in the colonial style. It has cobblestone streets like in

colonial times and it is very rich, by the way, it has many silver mines, and they sell very beautiful silver objects and jewelry.

I had to travel to that place since I was making some remedies for someone who was there because he wanted to be cured, and I was helping him in the healing process; he was a poor patient who was very ill.

Well, I arrived at a house, went through the garden, and arrived at the living room, which I recognized immediately. There was a lady there; I looked at her and recognized her, it was the same lady I had seen many years ago in the astral, behind the desk, except this time she was in the living room.

She invited me to go a little further on, and I encountered the well-known lawyer's office where I had ended up so many years ago in the astral. Now instead of the lady at the desk, her husband was there, a well-educated man dedicated to the law but without a degree, in some places they call them "tint-erillos"; well, call him whatever. The truth was that he was sitting there, in said office. He stood up to welcome me and then made me sit down in front of his desk. I immediately recognized the office, and I recognized the lady.

Then it so happened, since that man was a bit fond of these spiritual studies, that we chatted and conversed for a while about these matters because he liked everything that had to do with esoteric studies. Then I surprised him a little when I said, "Sir, I was here some time ago. I was in the astral body, outside the physical body, and you know one moves, walks, and goes from one place to another."

The gentleman already knew a little about these things, and it did not seem strange to him. Then I said to him, "See, on this desk there were two glass butterflies. What's going on, where are the butterflies?"

Then he quickly answered me, "Here are the butterflies, right here, you see them."

He picked up some newspapers that were on the desk and sure enough, there they were, two very beautiful glass butterflies. Of course, he was very surprised I knew of those butterflies. Then I said to him, "But something else is missing. I am looking at a seven-branched candelabra but there are two of them. Where is the other one? What was it made of?"

"Here is the other one, see it here," answered the man in the office.

He removed some papers and newspapers that were there, and certainly pulled out the other candelabra; it appeared to further confirm my assertions. Of course, the man was amazed.

Then I said to him, "You should know I have met your wife, but when I came here your wife was at the desk." (Well, the gentleman was amazed.)

At dinner time we all sat at a round table, and then something really unusual happened, that lady said to me there in the presence of the gentleman himself, "I have known you for a long time, I don't know exactly where I've seen you but I've seen you somewhere before. Anyway, you are not an unknown person to me."

I immediately elbowed the gentleman and said to him, “Do you see, are you convinced of my words?”

Well, the man’s astonishment reached its peak. Unfortunately, and this is very serious, my dear brothers and sisters, that man was so gripped by his, we could say, Romanist type of sect that he frankly didn’t enter the path because of it, because of the sectarian issue. Ah, otherwise he would have come to the path because I gave him extraordinary proof, proof that was conclusive and definitive for him, because he was left eternally astonished. Right?

Unfortunately, his religion didn’t allow him; it confused him and he got entangled in all those religious types of dogma, etc., etc., etc. Well, many years have passed; however, I haven’t been able to keep from telling you about this event.

So, I recommend division of attention in three parts:

1. **Subject:** That is oneself, do not forget oneself for a single instant.
2. **Object:** Observe all things, as in the case I told you about the butterflies. What if at the very moment you are reading this book, a person who has been dead for many years were to come and talk to you? Would you be so naïve, would you be so distracted as to not ask yourselves, “What is this? Could it be that I am in the astral?”
3. Would you be so indifferent as to not perform the experiment and take the leap? Well then, don’t forget that any detail, no matter how insignificant it may be,

should be a reason to make such reflections. Everything should be studied carefully, and one should ask oneself, “Why am I here?”

4. **Location:** One should not live unconsciously. When we arrive at this or that place, we should observe it in detail, very minutely, and ask ourselves, “Why am I here in this place?” And by the way, you who are reading this book, tell me, have you already asked yourself why you are there in that place where you are reading? Have you already taken the trouble to observe your place, the ceiling or the walls, or the space around you? Have you already observed the floor or the place, above, below or to the sides, behind you, or in front of you?

Have you already looked, and if there are several people, have you all already looked at the walls and surroundings to ask yourself the question, “Where am I?” And if you haven’t asked yourself, what about it, eh? Are you perhaps reading this book unconsciously? It’s clear one should never live unconsciously; wherever you are, wherever you find yourself, in a house, in the street, in a temple, or in a cab, or at the ocean, or in an airplane, etc., wherever, wherever and however you are, the first thing you have to ask yourself is, “**Why am I in this place?**”

Look at everything around you in detail, the ceiling, the walls, the floor. This observation is not only for the park, the house, or an unknown place; rather, you should look at your house daily, every time you enter it, and at all times as if it were something new or unknown.

You should also ask yourself, “Why am I in this house? How curious,” and look at the ceiling, and the walls, and the floor, and the patios, etc., all in detail, to ask yourself the question, “Why am I in this place? Could it be that I’m in the astral?” And take a little extended jump with the intention of floating.

If someone doesn’t float but feels he might be in the astral body, then get on a chair or table that’s not very high, a seat, a crate or something like that, and take a little jump to see if you float because there are times when one takes a long jump and nevertheless doesn’t float, so the best thing is to get on something that allows you to jump and experience whether you float by jumping into the air with the intention of flying. It’s clear that if you’re in the astral, you’ll remain floating, and if not, everything remains the same. Do not forget:

subject – object – location

division of attention into three parts

If you get used to always living with your attention divided in those three parts: subject, object, and location, you get used to doing it daily and at all times, from instant to instant and from second to second, because that habit is deeply engraved in the consciousness, and at night, when you’re asleep, you’ll end up doing the same exercise you do in the physical; then, the result is the awakening of consciousness.

You know that many times at night you end up doing what you are used to doing during the day. Many, for example,

are working during the day in the factory, or as traveling salesmen, or in the office, and at night during sleep they see themselves working, doing exactly the same thing they do during the day, they dream they're in the factory, selling, or in the office, etc. It's clear that whatever one does during the day, one does at night, that's to say, you end up dreaming it at night.

It's a question, then, of doing the practice during the day at all hours, in every moment or second, to be able to do it at night and awaken consciousness.

It's clear that, when every person is asleep, the essence is far from the body; therefore, it happens that being out of the body or in the astral, you end up repeating the same thing you do during the day. And so, what happens? You wake up automatically because the practice of the exercise gives you a spark; you end up awake. Once you are awake in the astral, you can invoke the masters, call Angel Anael, for example, or Adonai, Son of Light and Joy, or Master Koothumi so they can come to instruct you, teach you, etc., etc., etc., my dear brethren.

You can also call any other master, Morya, Count Saint Germain, etc., etc., etc., and those who invoke me can be sure I will come to the call, be sure.

So, I give you the system to receive the teachings directly, and if you want to remember past lives, invoke the Masters of the White Lodge, Koothumi, Hilarion, Morya, etc., and ask them to have the kindness, the goodness, to make you remember your previous existences, to make you

relive your past lives. You can be sure the master will grant your request.

This system I give all of you is for you to receive direct knowledge. You can also travel to Eastern Tibet, you can also go to the bottom of the seas, even to other planets if you want.

So, this is the way to receive direct knowledge. This is why I say to you to wake up, my dear brethren, wake up, wake up, do not continue living this unconscious life, being asleep. That is very sad, my dear brethren. See how the sleeping ones walk unconsciously in the astral, and after death they continue sleeping, unconscious, dreaming nonsense. You are born without knowing at what time, you die without knowing at what time. I do not want you to continue like that, in that terrible unconsciousness. I want you to wake up.

CHAPTER 7

The Trogoautoegocrat Law

In the name of truth, I must say there is a great law, which could be called the common-cosmic Trogoautoegocrat Law. That law has basically two fundamental factors: to eat and to be eaten. Reciprocal nourishment of all organisms. Unquestionably, the biggest fish will always swallow the smallest, and in the deep jungles the weakest will succumb to the strongest; it is the law of life.

No matter how vegetarian we were, in the black grave our body will be devoured by worms, and thus the law of the eternal common-cosmic Trogoautoegocrat is fulfilled.

Indisputably, all organisms live off of all organisms. If we descend to the interior of the Earth, for example, we will discover a metal that serves as gravitation for the evolutionary and involutionary forces of nature; I want to refer emphatically to copper (Cu). If we were to apply the positive factor of electricity to that metal, for example, we could verify with the sixth sense marvelous evolutionary processes in the molecules, in the atoms, but if we were to apply the negative force, we would see the reverse—involutionary processes very similar to those of the decadent

humanity of our times. The neutral force would keep the metal in a static or neutral state.

Obviously, copper's radiation is also transmitted to other metals found inside the Earth and vice versa; their emanations are received by copper, and thus the metals inside the Earth nourish themselves reciprocally; here we have the law of the eternal common-cosmic Trogoautoegocrat.

It is marvelous to know the radiation of all metals within the bowels of the Earth in which they unfold is transmitted to other planets in infinite space. The emanations reach the interior—that is to say, they reach the living bowels—of the neighboring planets of our solar system; those radiations are received by the metals located in their interiors, and in turn they also radiate, and their radiations are energetic undulations that reach the interior of our world to nourish the metals of our planet here on which we live, move, and have our Being.

All worlds live from all worlds, that is obvious, indisputable, clear, manifest, and cosmic balance is based on this law of reciprocal planetary nourishment. It's interesting how the worlds nourish each other, how they live from each other, isn't it? It's a fine-tuned planetary balance, marvelous and perfect.

Water in the worlds is, we could say, the basic food for the crystallization of this great law of the eternal common-cosmic Trogoautoegocrat. Let's think for a moment. What would become of us and our planet Earth, what would become of the plants and all animal creatures, if water were

to run out, evaporate, disappear, dry up? Obviously, our world would become a big moon, a cosmic corpse, it would not be able to crystallize the great law of the eternal common-cosmic Trogoautoegocrat, all creatures would die of starvation.

This great law is certainly processed according to the laws of the Holy *Triamazikamno*, or *Triamenzano* (the Holy Three) and the Sacred *Heptaparaparshinokh* (the Law of Seven). Note well how these laws are processed—an active principle, for example, approaches a passive principle, or to be clearer, the prey (passive principle) is swallowed by the active principle, that is the law. Is it not so? The active principle would be the positive pole, the passive principle would be the negative, and a principle that reconciles both is the third force, the neutral. The Law of Three then conforms to the three principles of Holy Affirming, Holy Denying, and Holy Reconciling. The latter is the force that reconciles the affirming with the denying, and the prey is devoured, of course, by the one to whom it corresponds according to the law itself. Understood?

The tiger swallows, for example, the humble rabbit; the tiger would be the Holy Affirming, the rabbit the Holy Denying, the force that reconciles them both is the Holy Reconciling, and the law of the eternal common-cosmic Trogoautoegocrat is then realized.

The eagle, for example, would be the Holy Affirming, the poor chick would be the Holy Denying—the one swallows the other—and the third force, the Holy Reconciling,

reconciles them together as a single whole. Is this cruel? Yes, but only apparently. What are we to do? That is the law of the worlds; this law has existed, exists, and will always exist. The law is the law, and the law is fulfilled above opinions, concepts, customs, etc., etc., etc.

But let's continue because it's necessary to delve a little deeper, to penetrate more deeply into this matter. Where does this law of the eternal common-cosmic Trogoautogocrat really come from? I say it comes from the active, omni-penetrating, omniscient, all merciful *Okidanokh*.

Where in turn does the active *Okidanokh* emanate from; what is its *causa causarum*? Indisputably, the origin or cause is none other than the Sacred Absolute Sun. Thus, the Holy *Okidanokh* emanates from the Sacred Absolute Sun, and though it remains, shall we say, within the worlds, it does not remain completely involved within them; it cannot be imprisoned, though for its creative manifestation it needs to unfold into the three forces known as positive, negative, and neutral.

During cosmic manifestation, each of the three forces works independently but always united to its origin, which is the Holy *Okidanokh*. After manifestation, these three factors or ingredients—positive, negative, and neutral—fuse again, unite again with the Holy *Okidanokh*, and at the end of the *mahamanvantara* the integral, complete, and total Holy *Okidanokh* is reabsorbed in the Sacred Absolute Sun.

You see then, my dear brethren, the origin of the eternal common-cosmic Trogoautoegocrat. On the basis of this principle, vegetarianism is in fact groundless. Obviously, the fanatics of vegetarianism have made of it a kitchen religion, and this is certainly regrettable.

The great Tibetan masters are not vegetarians, and whoever doubts my words should read the book entitled *Beasts, Men and Gods*, written by a great Polish explorer who was in Tibet and was received by the masters. The intriguing thing is that at banquets and feasts he attended, beef was a staple food.

To the fanatics of vegetarianism my words will seem absurd; however, Ossendowski, the author of the above-mentioned book, will be happy because he will see that I have comprehended this important aspect.

It is therefore absurd to affirm that the great masters of Tibet are vegetarians. To put it more clearly, when the great initiate Saint Germain (Prince Rakoczy, the Great Master of the White Lodge who directs the ray of world politics) worked during the time of Louis XV, he did not manifest himself as a vegetarian; he was seen at feasts eating everything, some even mention how he tasted chicken, for example. So where did this vegetarianism thing come from?

Unquestionably, the vegetarian school is against the eternal common cosmic Trogoautoegocrat, that is obvious. On the contrary, animal proteins should in no way be despised, they are indispensable for nourishment.

I was a fanatic vegetarian, and I tell you in the name of truth I was disillusioned with that system. I still remember that time in the Sierra Nevada; I wanted to make a poor dog become one hundred percent vegetarian, yes. The animal learned, he got used to the system but once he learned, he died. However, I observed the symptoms of that creature, the weakness it displayed before dying.

Much later, in the neighboring Republic of El Salvador, I had the same symptoms one day when I was returning home walking up a long street, which tended to be more vertical than horizontal as it was quite steep. I was sweating dreadfully, and my weakness increased horribly with each step, I thought I was going to die. I had no choice but to call Master Litelantes, my wife, and ask her to roast me some beef; she did so and I ate. My energy returned to my body, I felt I was living again. Since then, I've become disillusioned with the system.

Indeed, here in Mexico I met the director of a vegetarian school, I met him in a vegetarian restaurant. That man was German; his body was weakening dreadfully, terribly, until he presented the same symptoms as the dog in my experiment. The unfortunate gentleman finally, terribly weakened, died.

I also met Lavahniny, he was a yogi, gastrologist, and I don't know what else, an unbearable vegetarian fanatic; he represented the University of the Round Table here in Mexico. With vegetarianism, his organism became terribly

weakened, he presented the symptoms of that poor dog of my experiment, and died.

So, my dear friends, brethren who read this book, know that the great eternal common-cosmic Trogoautoegocrat Law exists, and that it is useless to try to evade this holy law, which emanates, as I have already said, from the active *Okidanokh*, and it is not possible to alter it.

I do not mean to say we should become exaggeratedly carnivorous, no; it is better to be a little balanced. Dr. Arnold Krumm Heller used to say twenty-five percent of what we eat should be meat, and I agree with Master Huiracocha about that.

And I repeat, the law is fulfilled no matter how vegetarian we become, and when we go to the sepulchral grave, worms will swallow our body whether we like it or not because the law is the law; that is obvious. Is it not so? Cows are one hundred percent vegetarian and yet, as a great initiate said, we have never seen an initiated cow. If we were to completely self-realize by not eating meat, I can assure you that, even if I were to die, I would stop eating meat, and we would all stop eating it.

But no one is going to become more perfect because they stop eating meat, and some even question how others can put animal elements into their organism if they are already on the path of perfection, etc., etc., etc. Those who say such things ignore their own internal constitution; indeed, it is better for them to eat a piece of meat and not

continue with the animalistic aggregates they carry within their psyche.

The human body has as its seat a vital body, the *lingam sarira* of which the Theosophists speak. Beyond all that, what is it that exists within the organisms of these living and intellectual humanoids? The animal aggregates, those psychic aggregates that personify our errors, those bestial monsters of our passions.

Well, it is better to eliminate those monsters than to worry about the little piece of meat served on the table at meal-time. When we eat beef or chicken, we do not harm ourselves in any way but with all those beastly aggregates we carry, we are not only harming ourselves, we are also harming our fellowmen and that is worse.

Is anger, covetousness, lust, envy, pride, laziness, gluttony, a small thing? And what shall we say of all those beasts we carry within us that represent backbiting, slander, gossip, etc., etc., etc.?

It's better that we do not wash our hands of it so much, presuming ourselves to be saints. The time has come to be more comprehensive. The important thing is to die in oneself, here and now; however, I do not want to disregard choice of food. In no way would I advise, for example, pork; it is well-known that this animal is leprous and has quite a brutal psyche, which is harmful to our organism.

It is convenient to eat healthy food—beef, chicken—but never in excess because that is harmful, detrimental.

Well, my dear brethren, I believe with what I have told you about vegetarianism, you have enough orientation to know how to feed your body without too little or too much, within perfect balance, that is all.

CHAPTER 8

Lamasery Exercises

It's necessary to know that in the human body, in the cellular organism, there are some chakras we could call special, specific to organic vitality. They're a type of vortex through which *prana*, life, enters our organism, namely the occipital, frontal, laryngeal, hepatic, and prostatic; in addition, there are two more that correspond to the knees. These seven chakras are, I repeat, fundamental for vitality of the physical organism and through them, *prana*, life, enters the vital body, seat of all organic activity.

The laryngeal chakra, for instance, maintains a close relationship with the prostatic; that's why speech, the word, must be careful. We need to carefully avoid making the voice too shrill or too low. If we observe the life of many decrepit old people, we can absolutely verify they emit many, let's say, shrill sounds, and this distorts their sexual potency and at the same time indicates impotence. The same occurs with sounds that are too deep or cavernous; they also distort sexual potency. Therefore, the male's voice must remain within its normal range; likewise, the woman's voice must not be too low or shrill because this distorts sexual

potency due to the intimate relationship between the larynx, strictly speaking, and the sexual center.

One could argue that the woman doesn't have a prostate; true but she has a chakra related to the uterus, which plays a very important role in her, as important as the prostatic chakra in men. We could call this chakra in women the uterine chakra, and we already know the importance of the uterus in women.

After this short preamble, we're going to narrate something of the utmost importance as information for the benefit of our Gnostic brethren.

It so happened that some time ago in India, there lived an English colonel retired from military service; he was a man of about seventy years old, and had a young friend. The colonel heard about a lamasery that existed in Tibet where people became young, where many arrived old and left young.

The first thing we must do is seek health because a healthy body is good for everything, withstands everything, and responds at all moments so we can demand from it material and spiritual work. So, firstly, we must heal the body and keep it healthy throughout our whole life; the other thing is to keep it in good condition. Because, what can you do with a sick body? It's obvious that an esotericist, an initiate, must never be sick. Illnesses and tormenting problems are for people who aren't on the real path. Indeed, those on the path should neither be decrepit nor sick; this is clear.

So, there's a series of very important esoteric exercises. In esotericism there has been much talk, for example, about kundalini yoga, about the *viparita karani mudra*; there's been talk about the dancing dervishes or whirling dervishes. In Pakistan, in India, there are dervishes who know how to perform certain marvelous dances, and through them they awaken certain powers, they develop certain chakras. It is urgent to know all this if one wants to have a youthful body or wants to develop the chakras. So, let's take a look at this series of exercises.

The young don't appreciate the value of youth because they're young but the old do appreciate the treasure of youth. However, with these six rites that we're going to practice, an old person can rejuvenate. It's clear that with these rites a young person can remain young, and if old, youth can be recaptured.

Any person can cure himself of his own ailments with these practices. Here we will show the *mayurasana*, the kneeling position, the table position, which is seen in some sacred ruins, etc., etc. etc. It's a synthesis of esoteric exercises documented in India, Persia, Pakistan, Turkestan, Yucatan, Mexico, etc. I've seen some of the publications out there but they don't teach the broadly balanced formula that's needed.

With these exercises, seventy-year-old men, for example, can be transformed into people of thirty-five or forty years of age. Some will question why I do not look younger; it's simply because I wasn't interested in conserving my

physical body but now that I am informed I have to conserve this body for an indefinite time in order to initiate the Aquarian Age, it's obvious I have to practice these exercises.

Some time ago I saw a publication sent to me from Costa Rica; it had these rites in it (because these rites aren't anyone's exclusive patrimony). There are some lamaseries in the Himalayas and other places where they're practiced, especially in a lamasery called The Fountain of Youth; but of course, despite practicing many exercises there, I did not find the complete documentation of these exercises in the above-mentioned publication.

I also found some information from the above-mentioned lamasery, which I know very well, just as I know other schools in Hindustan too; take the trouble to travel a little through Turkestan, Persia, Pakistan, etc., and there you will learn something about the dancing or whirling dervishes, etc.

We need to meditate a little about what being on one's knees symbolizes; as a child, one unconsciously practices certain exercises. In any case, I saw in this publication a rather interesting story. In the magazine I mentioned, they wrote of the case of that English colonel who, at age seventy back in India, learned of the existence of a lamasery in Tibet where people could rejuvenate themselves, and he decided to go in search of it. He invited a friend but his friend was young; obviously, he didn't want to pay attention since, being young, what was the point of going in search of a place to rejuvenate himself.

On the day of the poor old fellow's departure, his young friend—as might be expected—had a good laugh at the sight of the poor geezer, seventy years-old with his cane, bald head, a few white hairs, very old, heading for the Himalayas in search of youth. The young friend thought to himself, "How curious this poor old fellow is; he's already lived his life and wants to live it again." Of course, he saw him off, and the only thing it aroused in him was laughter.

The funny thing was that after about four months, the colonel's young friend received a letter from the old man in which he was informed that the colonel was already on the trail of the lamasery called The Fountain of Youth. Well, it caused him to laugh, and that was that.

The truth was that four years later something happened which was no laughing matter—someone knocked on the young man's door, and he went to open it. "At your service. What can I do for you?"

The newcomer, who appeared to be a man of about thirty-five or forty years-old, answered, "I am colonel so-and-so."

"Ah," said the young man, "Are you the son of the colonel who left for the Himalayas?"

The visitor answered, "No! I am the colonel himself."

"But how is that possible? I know the colonel, he's my friend, and he's an old man; you're not old."

"I repeat, I am the colonel who wrote you a letter four months after my departure informing you that I had picked up the trail to the lamasery."

Then he showed his documentation to his young friend, and indeed, he was astounded.

The curious thing is that this colonel saw many young people who he became friends with there in the Himalayas in The Fountain of Youth lamasery. There wasn't a single old man there, everybody was young; the only old man was him, the rest of the people were thirty, thirty-five, or forty years old. But later, when he became good friends with many of them, he discovered they were all over one hundred years old; in other words, they were all older than him but none of them looked old.

Obviously, the colonel was astounded. He dedicated himself to the esoteric discipline of the lamasery and managed to reconquer his youth.

I saw this whole story in that publication they sent me but I know that lamasery personally. I've been there; it's a very large building with immense courtyards, the men work in one courtyard, and the female initiates in another. There aren't only Tibetan female initiates in that lamasery but also English, French, German, and different European countries.

I know all the exercises taught there since ancient times. I came to know the whirling movements from the Muslims, which constitute part of the esoteric aspect of Islam and are practiced—as I already stated—by the whirling dervishes.

As for the kneeling position, it belongs to the special, technical movements of esoteric mysticism; the table posture,

this is found in Yucatan; the position some call the plank, which is an exercise meant to reduce the abdomen, is documented in Hindustan, in Kundalini Yoga, it's simply called *mayurasana*.

The position with the legs elevated has vast documentation; it has always been known as the *viparita-karani mudra* and is found in many sacred texts. There is also the noted *vajroli mudra*, which is useful for sexual transmutation for single people, and which also greatly helps those who work with the *sahaja maithuna*.

Many publications have been printed concerning this series of exercises, yet they are not the exclusive property of any one person, and as I stated, very few are those who know their esoteric part.

I know the esoteric part, not merely because of what might be said in the above-mentioned publication from Costa Rica, nor the many others we've read that speak about these exercises, but because I've known them for a very long time. I've known them practically since Lemuria because, for example, I practiced the *viparita-karani mudra* intensely when I was reincarnated on the continent of Mu or Lemuria, and I know it's very important.

The lamas who work in the lamasery called The Fountain of Youth practice these rites; they use a prayer rug, a small rug on which they perform the exercises. They lie down, kneel, sit, etc., and each position or *sadhana* has its corresponding meditation or prayer, that is, each change of

position corresponds to an intensification in any of the mystical aspects, depending on what it involves.

Healing by the Holy Spirit

The Divine Mother Kundalini is the central object of each *sadhana*. When we are performing these practices, we are in perfect concentration and prayer, beseeching, begging the Divine Mother for the most urgent need. Through her, we can petition the Logos; she intercedes for us before the Logos, petitions for us, supplicates for us. She has great power.

We beg to her, the Divine Mother, to intercede for us before the Third Logos (Holy Spirit) and beseech the Logos for healing, awakening of consciousness, awakening of this or that chakra, etc.

Each position is different and each implies an intensification of the prayer, the petition, the supplication. In these practices of meditation, concentration, and supplication, we may very well ask our Divine Mother Kundalini that she herself invoke her divine husband, the divine Third Logos, the most sacred Holy Spirit. We well know the Divine Mother's husband is the Holy Spirit.

It's necessary to beg and intensely supplicate our Divine Mother so she will beg and supplicate her divine husband to heal us and to relieve us from any illness or disease that afflicts us. She then concentrates on the Logos, her husband, the Arch-Hierophant or Arch-Magus (as he is

called) to come and heal this or that sick organ hindering our proper functioning.

In those moments, we must identify ourselves with the Logos, with the Holy Spirit, and in a tremendous, imperative way, command the sick organ by saying:

Be healed! Be healed! Be healed!
Work! Work! Work!

We must speak to the organ with true faith, with energy, with courage since it must by necessity be healed. We must concentrate resolutely on each cell of the sick organ, on each molecule, on each atom, on each electron of the sick organ, commanding it to work, to be healed, to be cured, and be profoundly concentrated on the Logos, completely identified with the Holy Spirit, who in those moments is performing the curation, healing the sick organ. Thus, the organ will have to be healed, it will have to be cured; this is obvious.

So, it is advisable for each person to learn how to cure himself. Through the force of the Holy Spirit we are able to cure ourselves, heal ourselves of any illness. Being sick is very sad, very painful, and those who walk the path do not have to be sick.

So, on the one hand, with these exercises the chakras are developed and, on the other, the organism is healed. There are very important chakras; for example, there is the occipital, which is a door through which forces enter our organism, the frontal is another door through which

vital forces penetrate the organism when the chakras are developed. The laryngeal, as I've said, has an intimate relationship with the prostatic, which is the sexual one; these two chakras are important for the health of the organism. There is the liver chakra which, as you know, is a true laboratory; we must develop it so the liver functions correctly because when the liver works well, all goes well with the organism.

FIRST EXERCISE

The student stands with arms open in the shape of a cross. Then he begins to turn, to spin clockwise (figure 1). It is clear the chakras will also spin with some intensity while performing this exercise and after some time of practice.

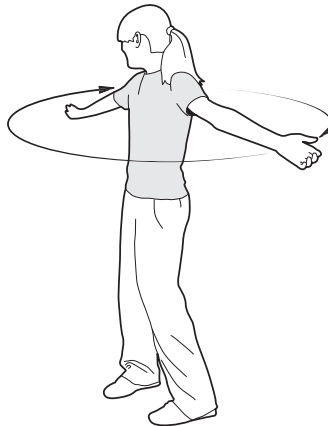


figure 1

We must pretend we're standing in the center of a clock and spinning like the hands until completing twelve turns. It's clear that some will begin with a few turns until the day of doing twelve arrives. The turns will be done with open eyes; when the turns are finished, close your eyes so as to not fall since you end up a little dizzy depending on the number of turns you reach. You eventually have to do the complete exercise, that is, twelve turns.

The disciple will remain with eyes closed until the dizziness has disappeared. Meanwhile, he will keep praying, supplicating, imploring the Divine Mother to beg her divine spouse to grant the healing of this or that sick organ.

The disciple must be totally identified with the Logos, intensely pleading the Divine Mother to intercede on behalf of the disciple before the Logos.

We have to spin clockwise from left to right because within spiritualist mediums chakras turn counterclockwise, negatively, and that is useless. We are not mediums or anything of the sort. So, the system I'm teaching to you is marvelous because it allows for the development of the chakras and healing of illnesses. All the exercises complement each other.

When you perform the exercise in practice, you have to concentrate profoundly on the Divine Mother Kundalini and with your feet together in military style, standing at attention; opening the arms to both sides, spinning clockwise, you will intensely ask for what you most want. First of all, for healing of the organ that may be sick, and the

other thing is for your chakras to spin. It is clear that if you rotate clockwise, in the same way as the hands of a clock viewed from in front, the chakras will rotate positively, so, spin at the rhythm you consider convenient. Twelve spins is what is prescribed; however, if you wish to continue up to a thousand, well, that's up to you.

During these spins, you should concentrate on your Divine Mother Kundalini, asking her to call on the Holy Spirit and to implore healing for the sick organ, supplicating to the Logos to heal it. In addition, and this is very important, you have to open that sick organ by saying to it:

OPEN SESAME!

This powerful mantra, which appears in *One Thousand and One Nights*, will be repeated at least three times. People have always believed it is just a pleasant story in which the mantra appears, and have not paid much attention to it but OPEN SESAME is an authentic mantra. OPEN SESAME! Thus, the sick organ is commanded to receive vital healing force, the force of the Holy Spirit then penetrates the sick organ, and clearly, it heals; it is cured with the force of the Third Logos but it must be done with much faith, faith, and more faith.

SECOND EXERCISE

Now, you've finished spinning and have opened your eyes. Then you lie down on the floor in *dorsal decubitus*—in other words, face up—legs stretched out with heels together

and feet fanned out, arms open horizontally on both sides, looking toward the sky or the ceiling of the house.

Once in this position, intensify your concentration, your meditation on the Divine Mother Kundalini, begging her, imploring her, to heal the sick organ. In those moments, those who are not asking for healing can ask for any other necessity such as for the Divine Mother to eliminate this or that psychological “1”, this or that psychological defect, or that she develop in you this or that faculty or power, etc. One has the right to ask since this is the purpose of these exercises.

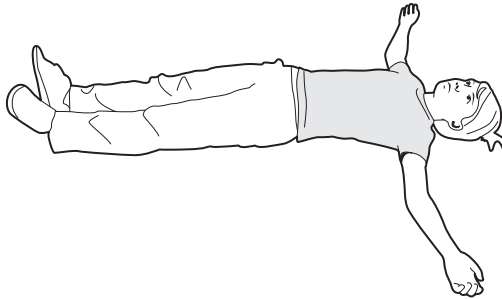


figure 2

In this position, lying on your back on the floor, you supplicate and intensify your prayer, your petition, completely identifying with the Third Logos. So, lying down in this position, you now know how to supplicate and ask (figure 2).

THIRD EXERCISE

Once lying down, and having made your petitions, you now raise your legs until they are in a vertical position (figure 3). It's no longer necessary to have your arms opened in a cross. You can help support your legs with your hands, making sure your legs are as vertical as possible without raising your buttocks (as shown in figure 3), or more clearly, your waist must be very well positioned on the ground, flat on the floor. This is what is called the *viparita-karani mudra* in the East.

In this position, the blood flows toward the head, reaches the brain, and puts certain areas to work, fortifying all the senses since it's necessary to have very good eyesight, a good sense of smell, good touch, good hearing, good taste, etc., etc.

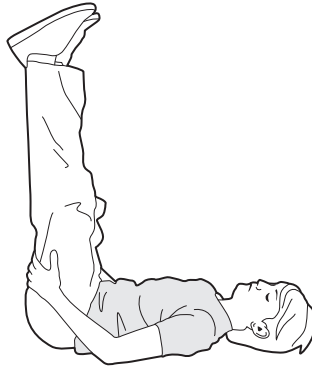


figure 3

The student remains in this position, intensifying his petitions to the Divine Mother Kundalini, begging her, beseeching her to help us attain, with the help of her divine spouse, the benefit we need, the healing, the faculty, the disintegration of the psychological aggregate, etc.

Well, that's enough. You've done the exercise, you've supplicated the Divine Mother to bring you the Third Logos, and you're completely identified with him so that he heals you or awakens this or that power, etc.

These three exercises are complementary, and are perfectly located in figures 1, 2, and 3.

As I've already said, these exercises also serve to awaken the chakras and thus the Gnostic student can enter the path of awakening consciousness. Above all, you have to be practical; you already know the dance of the dervishes, which are the spins, the *viparita-karani mudra*, and other positions. Remember that we have to open the sick organ with the imagination by imperatively commanding it, "OPEN SESAME! OPEN SESAME! OPEN SESAME!"

All these are not merely physical exercises but rather six methods of prayer; it's a different system of healing and rejuvenation through prayer. The lamas practice these six rites on a prayer mat, well, it can be a mat or a carpet, whatever you want to call it, this according to the customs and languages of different countries.

It is clear that one has to get used to these exercises with great patience, slowly, until the day arrives when the

exercises are done easily; this is not meant to be done all at once, no. You have to get the body used to it slowly, and little by little the exercises are done until they're done correctly. In getting the body accustomed, some may take days, others weeks, months or years, etc.

These exercises are not exclusively for citizens of this or that country, they're for all the Gnostic citizens of the world. I don't know how it's possible that people are involved in this patriotism that my homeland and yours are not the same. Men have divided Earth into lots and more lots, and on each lot, they place a flag, erect statues of their heroes, and line the borders with savage hordes armed to the teeth, etc., and they call that homeland.

It's very sad that the Earth is divided into lots. The day will arrive when the humanity of Earth will have to change. Unfortunately, that will only be possible after the great cataclysm; then we'll have turned this planet Earth into one "great homeland" but let's stick to the exercises I'm teaching you.

FOURTH EXERCISE

Now, kneel there on the floor, on your knees facing east (figure 4), toward where the sun rises. Tilt your head down a little, just a little, not much. Next, you'll do three pranayamas as follows.

Pranayama

Place your right index finger over your left nostril, inhale

through your right nostril. Now close both nostrils with the index finger and thumb, and hold your breath for a few seconds. Afterward, uncover your left nostril and exhale all the air, then inhale through the left nostril while covering the right nostril with the thumb, [then] close both nostrils [again] with the thumb and index finger, and hold your breath, and then exhale through your right nostril; this is one complete *pranayama*. Repeat this exercise two more times until you complete three *pranayamas*.



figure 4

Remember that only the two fingers are used, the index finger and thumb of your right hand exclusively; you close with one, inhale through the other nostril, close both, uncover the other, etc. It's a back-and-forth, when you close one, you uncover the other, and vice versa. You've done that exercise; now lower your head and enter into prayer to the Divine Mother Kundalini Shakti, beseeching her for what you need, etc.

FIFTH EXERCISE

Now, just as you are, incline your body backward while maintaining the kneeling position (figure 5), keeping your arms straight alongside the body. Then tilt your body backward as far as it will go and remain in that position for a few seconds, begging, beseeching, imploring to the Blessed Mother Kundalini to intercede for you before the most sacred Holy Spirit to grant you the benefit you have requested, be it healing or any other kind.



figure 5

This exercise is rather brief because of how intense or strenuous it is but it's very good for making the body more agile and burning some toxins. What we're interested in is doing it as best we can.

Remember very well that in each exercise, it's necessary to beg and intensely implore, weeping if necessary, so She calls upon the Third Logos and heals the organ that is sick. Remember that she is the mediator, the one who can invoke

the Logos, who is her divine spouse, the most sacred Holy Spirit, Shiva (as he's called in the East), the Arch-Hierophant, Arch-Magus, first begotten of creation, swan of living plumage, white dove, immortal Hiram Abiff—the secret master we all committed the error of murdering in the past; yes, we assassinated him when we committed the original sin. That's why we need to resurrect him from the dead, to exclaim with all the forces of our heart, "The King is dead! Long live the King!"

SIXTH EXERCISE

Now you will proceed as follows: sit on the floor with your legs stretched forward and hands placed behind you on the floor, the trunk of your body leaning backward slightly supported by your hands, head facing forward, heels together, feet fanned opened (figure 6). Here again you make your petition, imploring with a lot of faith and devotion to the Divine Mother.

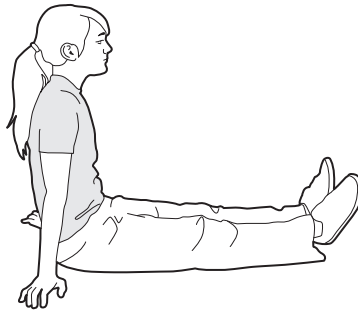


figure 6

SEVENTH EXERCISE

Now, to execute this exercise, let's bend our legs a little with the soles of our feet placed on the floor, and lifting our buttocks and abdomen so our body stays in the table position, in other words, with our knees and abdomen forming the same horizontal line.

Our face should be looking upward toward the sky or the ceiling of the house. The body must be supported by the hands and feet while facing up, thus forming a human table as in figure 7.

In this position, you should intensify your prayers and supplications to the Blessed Mother Devi Kundalini, imploring her to invoke her divine spouse, the most sacred Holy Spirit, to come and perform the cure you need. I have explained this several times but it's good that you do not forget it so the exercise is complete because it's not just something merely physical; it's something different, spiritual, balanced.

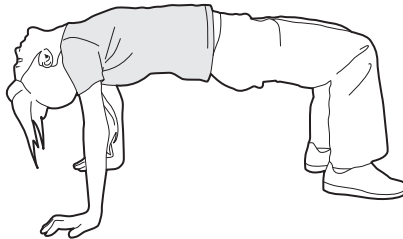


figure 7

EIGHTH EXERCISE

Let's now look at the exercise called the *mayurasana*. First of all, it's necessary that you do three complete *pranayamas* again, as you did in exercise 4. After doing the *pranayamas* with much devotion, and entrusting yourself to your Divine Mother Kundalini, you'll place yourself in the plank position as shown in figure 8.

Many people practice the plank to do away with their bulging abdomen, in other words, what we call a chubby, bloated belly or stomach.

This eighth exercise consists of two positions or movements, as follows:

First movement: With the palms of your hands on the floor, supported in the form of a plank, stretch your legs back and support yourself on your tiptoes. Your forehead faces down, keeping your head, the back of your neck, back, buttocks, legs, and heels in a straight line, just like a plank (figure 8).

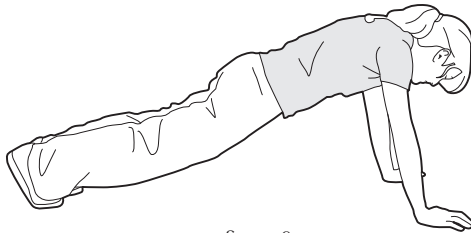


figure 8

Second movement: Then lower your head, tuck it to your chest as much as you can, and then perform the following movement: lower your stomach and legs to the floor, supported on your hands and toes, without bending your arms. Then return to the first position, up, then down, up, etc. (figure 9). Here, pray to your Divine Mother to activate all your chakras.

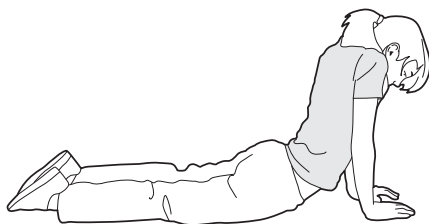


figure 9

NINTH EXERCISE

Now, taking advantage of the previous rite, continue with this exercise. From the previous position itself, as your head is tucked under your chest in the plank exercise, without moving your hands, advance a few short steps forward until your body becomes a human arc, as shown in figure 10.

Supported on your hands and feet, with your head tucked to your chest, forming a perfect human arc, you can and should enter into prayer, asking, begging, imploring—as I have already taught—to the Divine Mother for what you

most need. Carts and wagons can pass below you since you must form a type of human arch.

Now, after staying for a while in that prayer position, bend your knees a little in order to lower your body, and then lift your hands from the floor and stand up. You thus end the exercise.

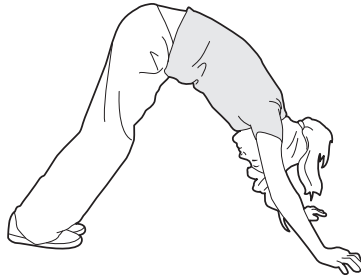


figure 10

Remember that, with the human arch position just as you've done it, we make the blood flow to the head, eliminating toxins, cleansing the lymph, and irrigating all areas of the brain.

These exercises are especially helpful for getting rid of a bulging stomach. I don't know why people love to keep the "curve of contentment." One should never have a fat stomach; with this exercise, it's goodbye paunch.

TENTH EXERCISE

Lie down on your back on the floor, then raise your legs vertically against a wall. For this exercise you should place

yourself very close to the wall, your back on the floor without a pillow, arms on the floor relaxed by your sides (figure 11).

This exercise is special for carrying out a great work, which only the most sacred Holy Spirit can execute within our organism. The fact is we have a moon in our brain, which makes us lunar beings with negative and lunar behavior. On the other hand, we have a marvelous sun in the umbilical region. From the time we left Paradise, the luminous sun that was in the brain was transferred to the umbilical region, and the cold moon went up to the brain. So, knowing this aspect, while in this position, we pray to the most sacred Holy Spirit to perform a transplant within us, to remove the moon from our brain and place it in our umbilical region, and to simultaneously remove the luminous sun from our umbilical region and deposit it in our brain.

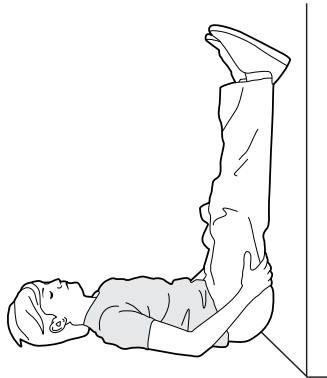


figure 11

It's clear that it's essential for us to practice the *viparita-karani mudra* exercise incessantly, constantly, permanently. We must beg, plead, implore the Holy Spirit to grant us the grace of making this change, placing the moon that we have in our brain into our umbilical region, and the sun that we have in our umbilical region up to our brain.

This is a work that only the Third Logos can perform. One must implore and beseech while profoundly concentrating on the Third Logos so he comes and performs the transplant of the moon to the umbilical region, and the sun to the brain.

This *viparita-karani mudra* is a truly marvelous rite for attaining rejuvenation of the physical body. To re-conquer youth is urgent and necessary; the body should remain young and enlivened in the initiate who marches on the path of the razor's edge.

Whoever manages to do this exercise for three hours straight will defeat death and will re-conquer youth, though you should start with no more than five minutes, and then steadily increase the time, gradually, slowly, patiently; for instance, increase it by one minute daily.

For those who yearn for the rejuvenation of their body and healing from all sickness, here we give you this marvelous formula, the *viparita-karani mudra*. Understood?

ELEVENTH EXERCISE

Vajroli-Mudra

Transmutation for Single People

We are going to enter into the study of the sixth rite, which exactly relates to the *vajroli mudra*. It deals with transmutation of the sexual energy. This is the finest type of energy constructed by the organism, it is, we can say, the most subtle force the body works with.

The human vehicle has certain very fine channels through which this energy circulates; it must not escape its channels, if the energy bursts into other channels, obviously, a catastrophe occurs. The sexual energy is a marvelous explosive force that we have to learn to direct wisely if we truly want the intimate self-realization of the Being.

Undoubtedly, the *vajroli mudra* is especially for single people, although it also helps those who are married. We can especially say that with the *vajroli mudra*, single people have a fundamental system to maintain themselves in *brahmacharya*, in other words, in chastity.

Whoever does not have a wife, or women who do not have a husband, must maintain themselves in *brahmacharya*, that is clear, until the day arrives when the men have their priestesses or the women their husbands.

Many bachelors would like to fulfill their sexual functions here, there, and everywhere with different women; that is fornication, and is prohibited for aspirants to adepthood.

The individual who truly wants to reach adepthood cannot be mingling with different women because, in this case, the Law is being violated, it is against the sixth commandment of God's law.

The celibate should remain firm in *brahmacharya* until his wife arrives. He must establish himself firmly in brahmacharya, and it is impossible to do so without knowing how to transmute the sexual energy.

Whoever wants to learn to transmute must know the *vajroli mudra* in depth; and if he does not know it, he does not know, does not have, the science of transmutation.

The *vajroli mudra*, among other things, has the advantage of enabling the bachelor, in spite of being single, to preserve his sexual potency and not lose his virility. Normally, an organ that is not used becomes atrophied. If one stops using a hand, it becomes atrophied. If one stops using a foot, it no longer functions. Likewise, if one stops using his procreative organs, well, they simply become atrophied, and the person becomes impotent and then he's in trouble.

But, with the *vajroli mudra*, one can conserve his sexual potency for life. I do not mean to say, and let me make it clear, it's not that with the *vajroli mudra* an individual will create the existential bodies of the Being, no. I am not making these types of assertions, nor am I saying that with it one will attain the intimate self-realization of the Inner Being, no.

Whoever wants to achieve self-realization has to work in

the forge of the Cyclopes, that is clear. It so happens that with the *vajroli mudra*, one works with only one force; in the case of the man, well, only with the masculine force, nothing else, and in the case of the woman, well, only with the feminine force, nothing else.

In order to create the superior existential bodies of the Being, one needs something more ... what is needed is to work with the three forces of nature and the cosmos—first, the masculine force in the man, second, the feminine force that's in the woman, and third, the neutral force that reconciles the two.

As I have said previously, the masculine is the Holy Affirmation, the feminine is the Holy Negation, and the neutral is the Holy Reconciliation. It is clear that for creation to take place, the three forces are needed; that is why the *maithuna* is indispensable for creating the superior existential bodies of the Being.

Common and ordinary people do not possess the astral, mental, or causal bodies; those bodies have to be created, and this can only be done through the *maithuna* or sexual magic. However, I repeat, the *vajroli mudra* is helpful for men and women who do not have a spouse, and also for couples who are working with the *sahaja maithuna* because it helps them sublimate and transmute the sexual energy.

The *vajroli mudra* is, therefore, useful for single and married people. Okay, this explanation is sufficient; I will now give the technique of the *vajroli mudra*.

I am standing here; I put my hands on my hips with my thumbs pointed backwards, and I inhale until I fill my lungs completely with air. Then I place the palms of my hands on my thighs in front of me, and I lean forward (not to the sides or backwards but like someone who is bowing very profoundly), and I continue lowering the palms of my hands until I reach my knees. Simultaneously, I exhale the air so that when I touch my knees, I have no air in my lungs.

We are here, ready to continue the exercise but I have not yet inhaled, my lungs are completely empty. Now I continue by raising my hands toward the creative organs but I still have not filled my lungs with air. I now apply a massage over my prostate so the vibration touches the prostate and sexual transmutation takes place. Not only do I apply the massage over the prostate, I can and should do it with firmness to the sexual organs. Next, after I have carried out the massage on the creative organs, I then slowly raise my body; I straighten up while my feet are still firmly planted on the ground. I stand up straight and bring my hands back to either side of my hips.

When I have done the massage and returned my hands to my hips, I then inhale, filling my lungs with air, taking the energy to the brain through the channels of *Ida* and *Pin-gala*. Then I slowly exhale, and repeat the same procedure three times (three HAM SAH).

In reference to massages over the prostate and sexual organs, there are three types of massage: a) massage done

very lightly over the prostate and creative organs; b) medium massage, in other words, a little stronger; c) strong massage. It is clear strong massage over the prostate and sexual organs produces erection of the phallus, that is obvious, and it has to be that way. That's why this third type of massage is advisable especially for bachelors; thus, when the phallus is erect, transmutation of the semen into energy is produced, and it rises to the brain.

As for married men, the first and second types of massage are suitable, or even the first type is more than enough, no more than that, since they have a wife and it's clear that through the *sahaja maithuna* they bring about a complete erection of the phallus. So, there you have what in the East is called the *vajroli mudra*.

For women, the *vajroli mudra* is the same except that the woman should apply the massages to her left and right ovaries and on her feminine organs (to be more clear, over her vagina or yoni). Then transmutation of the sexual energy in the woman is produced.

The same thing for married women only she does not need intense massage, only subtle. Single women need a massage that's a little stronger so as to produce the transmutation of her own sexual energy. That is necessary so the energy will rise to the brain.

Tremendous will power needs to exist during the *vajroli mudra* so no lustful thought will cross the students' minds. We must control the senses; we must subdue the mind.

When the *vajroli mudra* is practiced, one must be concentrated on the Divine Mother Kundalini or on the Third Logos. If one concentrates exclusively on the sexual organs during the practice and forgets the Divine Mother and the Third Logos, energy is not sublimated, and that goes against cosmic law.

Moreover, keep in mind that if the human being does not have enough purity of thoughts, he can degenerate and become a masturbator. Awaiting the impure and masturbators is the abyss and the second death, where only crying and gnashing of teeth is heard.

Therefore, the *vajroli mudra* is for men and women who are completely chaste, who are truly decided in treading the path of the most absolute chastity.

The strong and intense *vajroli mudra* can only be practiced once a day, and for that, the individual needs to be very serious and respectful of his own body. We are referring to bachelors. A married individual does not need to practice the *vajroli mudra* intensely since he achieves erection with his priestess-wife.

Likewise, a woman who has a husband does not need to practice the *vajroli mudra* intensely because she transmutes her energies with her husband. Both married men and women should do their *vajroli* massages very subtly. What one seeks is to elevate that subtle and delicate creative energy to the brain.

In the case of married men, as I have already indicated to you, only a light massage over the prostate and sexual organs is sufficient; the same for married women, a light massage in a very subtle and soft manner over the ovaries and womb. This is not harmful at all and can be practiced each time one works with the six rites taught in this book, without the least problem. In this manner, the sexual energy is constantly, incessantly, being sublimated and can be taken advantage of for regeneration.

I am speaking very clearly so you understand me. This, exactly as I have taught it here, is the Tibetan system. I repeat that purity is needed—no lust, no bad passionate thoughts—because then the sword's blade turns against us, and the student can fall into the abyss if he misuses these teachings.

I think the Gnostic brethren have understood the purpose of the *vajroli mudra*, and I will not get tired of repeating that this is the most practical and precise system of sexual transmutation for single people.

On teaching the practice of the *vajroli mudra*, I must say the following. The fatal antithesis of the *vajroli mudra* is the horrible, disgusting, and abominable vice of masturbation. Those who practice masturbation go to the abyss headed for the second death because of having profaned their own bodies, for having insulted and profaned the Holy Spirit, the Third Logos, with their actions.

Be very careful then, brothers and sisters who practice the

vajroli mudra, to not fall into that abominable and repugnant vice of masturbation. The *vajroli mudra* is something very holy, very sacred, and tremendous chastity, great sanctity, enormous love for the most sacred Holy Spirit and Divine Mother Kundalini is required.

As I said previously, I do not mean to say the Kundalini will be awakened with the *vajroli mudra* or that the superior existential bodies of our Being will be created, no; the semen is merely transmuted into energy, that is all. It is clear that in order to awaken the Kundalini, cooperation of the three forces of nature and the cosmos is needed. This we said previously but it's worthwhile to remind you once more so it's deeply engraved in your mind.

The first force is the Holy Affirmation, the second force, the Holy Negation, and the third force is the Holy Reconciliation, which unites the first two. So, the Kundalini can only be developed by means of sexual magic or *sahaja maithuna*, that is to say, with cooperation of the three forces.

The man has the positive force, the woman has the negative force, and the Holy Spirit reconciles both. The Divine Princess Kundalini awakens with the fusion of the three forces.

The superior existential bodies of our Being cannot be created with one force alone; the man has one force, the Holy Affirmation; the woman only has the negative force, the Holy Negation. Creation is only possible with the union

of the three forces, the positive or masculine, the negative or feminine, and the neutral force that coordinates and blends both.

Transmutation is always indispensable; it's a fundamental organic necessity. It's been necessary to speak very extensively on this aspect since the *vajroli mudra*, for example, which is a marvelous system of transmutation for single people, is practiced in India, Tibet, and in the lamasery known as The Fountain of Eternal Youth. The objective of this system is to elevate creative energy up to the brain, in other words, to semenize the brain and cerebrize the semen.





Chronology of the written works of Master Samael Aun Weor

1. Doorway to Initiation or Entry-level Perfect Matrimony	1950
2. The Revolution of Bel	1950
3. Zodiacal Course	1951
4. Secret Notes of a Guru	1952
5. The Book of the Virgin of Carmel	1952
6. Supreme Christmas Message 1952 (Gnosis XX th C.)	1952
7. The Seven Words. Elemental Occultism for Beginners	1953
8. Igneous Rose	1952/53
9. Second Christmas Message 1953 (Gnosis XX th C.)	1953
10. Christmas Message of 1954 (Gnosis XX th C.)	1954
11. Treatise of Sexual Alchemy	1954
12. Christ Will	1955
13. Message for the 27 th of October of 1955 (Gnosis XX th C.)	1955
14. Supreme Christmas Message of 1955 (Gnosis XX th C.)	1955
15. Christmas Message of 1956 (Gnosis XX th C.)	1956
15a. Major Mysteries	1956
16. Christmas Message of 1957 (Gnosis XX th C.)	1957
17. Fundamental Notions of Endocrinology and Criminology	?
18. Esoteric Treatise of Theurgy	1958
19. Christmas Message for 1958 (Gnosis XX th C.)	1958

20. Christmas Message 1958-1959 (Gnosis XX th C.)	1959
21. Logos, Mantram, Theurgy	1959
22. The Yellow Book	1959 ¹
23. Supreme Christmas Message of 1959-1960 (Gnosis XX th C.)	1960
24. Message of Aquarius	1960
25. Supreme Christmas Message 1960-1961 (Gnosis XX th C.)	1961
26. The Perfect Matrimony	1961
27. Supreme Christmas Message 1961-1962 (Gnosis XX th C.)	1962
28. Aztec Christic Magic	?
29. The Mysteries of Fire	1962
30. The Book of the Dead	?
31. Supreme Christmas Message 1962-1963 (Gnosis XX th C.)	1963
32. Supreme Christmas Message 1963-1964 (Gnosis XX th C.)	1964
33. Christmas Message 1964-1965	1965
34. Supreme Christmas Message 1965-1966	1966
35. Fundamental Education	1966
36. Social Transformation for Humanity	?
37. The Platform of P.O.S.C.L.A.	?
38. The Social Christ	?
39. Christmas Message 1966-1967. The Buddha's Necklace	1967
40. Esoteric Treatise of Hermetic Astrology	?
41. Christmas Message 1967-1968. The Solar Bodies	1968
42. Christmas Message 1968-69. Esoteric Course of Runic Magic	1969
43. Tarot and Kabbalah	1969
44. Christmas Message 1969-1970. My Return to Tibet	1970
45. Christmas Message 1970-1971. Parsifal Unveiled	1971

¹ We have information that the first complete edition of this book was printed in (Colombia) Medellín in 1959, but we have not obtained a copy.

- 46. Christmas Mess. 1971-72. The Mystery of the Golden Blossom ___ 1972
- 47. Christmas Message 1972-1973. The Three Mountains _____ 1973
- 48. Yes, Hell exists; yes, the Devil exists; yes, Karma exists _____ 1973
- 49. The Great Rebellion _____ ?
- 50. Treatise of Revolutionary Psychology _____ 1974
- 51. Christmas Message 1973-1974 (?) _____ 1974
- 52. Christmas Message 1974-75. The Secret Doctrine of Anahuac___ 1975
- 53. Pistis Sophia Unveiled _____ 1977
- 54. Treatise of Occult Medicine & Practical Magic (X. Mess. 77-78)² __ 1978
- 55. Seven Lectures on Gnostic Anthropology_____ 1978
- 56. Brothers from Outer Space (Compilation) _____
- 57. The Revolution of the Dialectic (Compilation) _____
- 58.** Seven Lectures and the Lamasery Exercises (Compilation) _____

² First edition in 1950

