

TRADITION



REVELATION

Practices for ASTRAL TRAVEL

25 KEYS



Samael Aun Weor

TABLE OF CONTENTS

1. EGIPTO	5
2. FARAON	6
3. EPHRAIM	12
4. TAI RE, RE, RE	13
5. The Anahata Sound or Subtle Voice	15
6. "S"	18
7. LA-RA	19
8. LA-RA-SSSSSS	20
9. RUSTI	24
10. Sanskrit Mantras	25
11. LIFAROS-LIFAROS-LICANTO-LIGORIA	28
12. OMNIS BAUM IGNEOS	29
13. Majestic Key	30
14. The Secret Order of the Eoptae	32
15. The Master Llanos	32
16. Prayer to the Divine Mother	34
17. OM BUR BUBAR SWA	34
18. The Holy Eight	35
19. Ursa Major	39

20. Use of Imagination	40
21. Autosuggestion	41
22. Discernment	42
23. Magic of the Angel's Trumpet	44
24. Peyote or Jiculi	46
25. Yagué Plant	47



*The astral body is a body of
electronic solar nature;
there is nothing vague, vaporous,
or subjective about it, it's a body of flesh and blood,
flesh from Paradise,
flesh that does not come from Adam.*

Above all it is urgent to comprehend that whoever wants to learn to travel consciously in the double needs to first awaken consciousness.

Christmas Message 1967-1968
Samael Aun Weor

1. EGIPTO

The occult name of the astral body is *Zaphnath-Paaneah*.

The name of the astral body is made up of two compound names. The first is *Zaphnath*. That mantra corresponds to our inferior astral; and the second word, *Paaneah*, is the Son, our Cosmic Crestos, who links our physical personality with the supreme immanence of the Solar Father.

Our disciples must acquire the power to depart in the astral body. That power is acquired by vocalizing the sacred mantra EGIPTO for one hour daily. The vowel E makes the thyroid gland vibrate, and grants us the power of the occult ear. The G awakens the liver chakra, and when this chakra reaches its full development, we can enter and the leave the body whenever we want. The vowel I combined with the letter P develops our clairvoyance and the power to depart in our astral body through the window of Brahma, which is the pineal gland. The letter T knocks upon the vowel O, which is intimately related with the heart chakra, and in this way, we can acquire the power to detach from this plexus and travel in the astral body.

The correct pronunciation of the mantra is done in this way:

EEEEEEEGGGGGGIIIIIIPTOOOOOOO.¹

The reason that those who, with our keys, still have not been able to depart in the astral body is that they do not have that power, and therefore must first acquire it by vocalizing the mantra EGIPTO for one hour daily. This mantra totally develops the chakras related with the

¹ Note: the letter “G” here is pronounced like the letter “H” in English.

unfolding of the astral body, and thus the disciple acquires the power to enter and leave the physical body at will. Once the power for astral unfolding is obtained, the disciple will be able to enter and leave the physical body at will.

The Seven Words

2. FARAON

The Egyptian mantra used to depart in the astral body is the following: FARAON. This mantra is vocalized during those moments of transition between wakefulness and sleep, with the mind focused on the pyramids of Egypt.

The correct pronunciation of this mantra is as follows: FFFFAAAAAA RRRRRRRRAAAAA OOOOONNNNN.

This mantra is for departing in the astral body, and as we already said, it is pronounced during the transition states between wakefulness and sleep, concentrating the mind on the pyramids of Egypt, but the disciples who do not have the power to depart in the astral body must first acquire it by vocalizing the mantra EGIPTO for one hour daily, as we already said.

The Seven Words

The knees have a wonderful substance that enables them to move freely on such a simple and wonderful bone mechanism. That substance is *synovia*, which means with (syn) and egg (ovia): substance with egg. The egg is really a wonderful substance. Highly scientific esoteric experiments related to the unfolding of the human personality prove that eggshell has certain occult powers that facilitate astral unfolding.

The key is to reduce the eggshell to powder. The disciple will apply this powder on his chest and armpits, then lie down in bed and cover himself well with blankets. Then, the student should lull himself to sleep pronouncing the mantra FARAON, like this: FFAAAAAAAAA RRRRRRAAAAAA OOOONNNNN.

This can be said mentally, and when the disciple feels sleepy, he gets up from his bed and heads for the Gnostic Church.

The first syllable FA corresponds to the Chinese gong, that is, the musical FA that resounds in all of creation. You must pronounce this note to be in tune with Mother Nature.

The second syllable RA corresponds to a very ancient mantra that makes all chakras of the astral body vibrate; this mantra is not pronounced with [a single] R but with a [rolled] R, like this: RRRRRRRAAAA.

And the last syllable ON corresponds to the Hindu mantra OM but here it is pronounced like this: OOOONNNN.

The mantra FARAON can be vocalized with the mind or better with the heart. Thus, the powerful Egyptian mantra FARAON serves for departing in the astral body.

Zodiacal Course (Capricorn)

Key to travel in the astral consciously. The key to travel in the astral is very simple. It's enough to fall asleep, mentally pronouncing the powerful mantra FARAON. This mantra is divided into three syllables: FA-RA-ON. When the devotee finds himself in that state of transition that exists between wakefulness and sleep, he goes deep within himself by way of conscious self-reflection, and then gently jumps from bed, completely identified with his light, fluidic spirit. In the astral body, each devotee can meet with the Praetor. People who have not yet engendered their Christ-astral suffer greatly because after much work they fail to learn to go out in the astral without thousands of difficulties. Those

who in past reincarnations engendered the Christ-astral leave the physical body with great ease.

The Perfect Matrimony

The disciple should lull himself to sleep while vocalizing the mantra FARAON divided into three syllables, in this way:

FFAAAAAAAAAA

RRRRRRRAAAA

OOOOONNNNN

The vocalization of the letter R has already been explained. The disciple should lie down flat on his back. He shall place his palms extended without rigidity on the surface of the mattress, and his knees bent upward with the soles of his feet resting on the bed.

The whole body should be relaxed, limb by limb. In this way, the disciple should lull himself to sleep, and taking deep breaths, he should vocalize the mantra FARAON. Inevitably, when the disciple is asleep, he will leave the physical body not knowing when or how.

Once in the inner worlds, in the fourth dimension where his astral will be irresistibly projected, he will awaken total consciousness, in other words, he will realize his unprecedented experiences in those worlds, and in this way he will be able to devote himself to the exercise of theurgy.

But before going to bed, make the sign of the microcosmic star. To do so, raise your arms upward until the palms of your hands touch each other above your head, and then extend them laterally until they reach a horizontal position, forming a cross with the rest of your body. Lastly, cross your forearms over your chest, touching this area with your palms while your fingertips reach the front of your shoulders.

Our adorable Savior of the World, Jesus Christ, used this mysterious

key, revealed by us now, when he studied in the pyramids of Khefren.

Now then, for this practice Master Huiracocha advised burning some aromatics or incense or to simply permeate the room with a good perfume.

Logos, Mantram, Theurgy

In Egypt, the Master learned to depart in the astral body by vocalizing the mantra FARAON. The Master would depart in the astral body at will like this—he would lay on his bed in exactly the same way the Aztecs represented Chac Mool, god of rain; he would rest his head on a pillow, and would fall asleep mentally vocalizing the mantra FARAON.

When vocalizing this mantra, it is divided into three syllables—the first is the FA, which resonates throughout nature; the second is the Egyptian RA; and the third is the ON, which reminds us of the famous Hindu mantra OM. It is important to extend the sound of each of the letters that form the mantra FARAON.

The physical body falls to sleep, and the Soul goes to the internal planes with the awakened consciousness; this is how we travel in the astral body at will. The Pharaoh of Egypt gave Jesus a sacred esoteric medal, which was placed over his heart; it consisted of small wings that symbolize the igneous wings.

Major Mysteries

Lie down on your bed, brethren. I repeat, lie down; it's good for you to lie on your backs. Do you understand? Relax your muscles. Are they relaxed now? Close your eyes, go to sleep. Now vocalize the mantra FARAON. This mantra is marvelous for going out in the astral body. Vocalize it, let's see, vocalize like this:

FFAAAAAAAAAA

RRRRRRRAAAAA

OOOONNNNN

Have you already vocalized? Well, brethren, now I'm going to give you another piece of advice: raise your knees, listen well, brethren, your knees! I mean to bend your legs, put the soles of your feet on the bed. Of course, when you do this operation, your knees will be raised up. Right? Repeat the mantra again, like this:

FFAAAAAAAAAA

RRRRRRRAAAAA

OOOOONNNNN

Repeat this mantra many times. You can vocalize it a little softer; also, you can vocalize it mentally and fall asleep with your knees raised up. Fall asleep, and as you are going to sleep, brethren, you should vividly imagine the pyramids of Egypt. Understood?

This is not laborious, brethren, convince yourself that it is not laborious; avoid all mental tension, and lull yourself to sleep. The result will be splendid: you, wrapped in your astral, will awaken there in the inner worlds, you will leave your physical body not knowing when or how. You will awaken consciously in your astral, far away in the distance, in the land of Egypt, or in any country of the world.

Lecture: "In the Beginning was the Word"

Archaeologists know this man made of stone by the name of Chac Mool, and he is one of the few symbols of the Aztec pantheon that were saved from the destruction of the conquest.

It was carved by the mystics of the Aztecs, Mayans, Tarascos, etc., to perpetuate the wisdom they received as a secret inheritance from their ancestors.

The name of this Aztec sculpture is FARAON, a name whose syllables are broken down like this, FA-RA-ON, and when vocalized properly is a mantra that makes the astral body of whoever pronounces it separate

from the physical body and float in space toward the Great Pyramid of Giza in Egypt.

It is not dangerous to go out in the astral body. During sleep all human beings wander in the internal worlds with their consciousness asleep. Every soul leaves its physical body during sleep; the etheric body then has the opportunity to repair the physical body. When the soul returns to the physical body, we awaken from normal sleep.

In the internal worlds, souls are engaged in the same daily tasks they carry out on Earth during the wakeful state; they buy, they sell, they work in the office, in the shop, in the factory, in the field, etc. Incarnate and disincarnated souls live together during sleep. In the internal worlds everything is the same, the sun, clouds, cities, objects. It would suffice to attend a spiritualist session to realize the dead do not accept that they are dead, and you will comprehend why the souls of the living love, suffer, fight, and work during sleep. We have to learn how to conserve the lucidity of the consciousness in the internal worlds during sleep.

For this we recommend that each time you encounter people, events, or strange things that get your attention, discern and ask yourself, "Am I in my physical body or in the astral?" Take a little jump to see if you can float; if you float, you are in your astral body, if you do not float, you are in your physical body. In the internal worlds we act as if we were in flesh and blood, as if we were awake. There is no difference between these two worlds, between the physical and the astral (read *The Thousand and One Ghosts* by Alexandre Dumas).

That which we habitually do in the wakeful state, we also do during sleep. If during the day you practice the key of taking a little jump in order to find out which body you are in, at night when you get out of your bed and take a little jump with the purpose of departing in your astral body, you will remain floating in space, and your physical body will stay asleep. You will be able to travel throughout the infinite in order to attend beautiful rituals and lectures given by the great masters

taught in Gnostic temples that exist in the Jinn state in various parts of this country and throughout the world.

Do not forget the key: take advantage of the state of drowsiness between the wakeful state and sleep in order to unfold in your astral body by means of your willpower, discernment, and memory. With this triangle you will know for yourself the great mysteries of life and death.

Practice: Stand at attention looking toward the east, raise your arms above your head until the palms of your hands touch, lower your outstretched arms and form a cross with them and your body, next, cross them over your chest, and lie down face up. When you are falling asleep, ask God and the masters in sincere prayer to take you to the Great Pyramid of Giza in Egypt. Immediately after finishing your prayer, vocalize the following syllables:

FFFFFAAAAAA

RRRRRRAAAAA

OOOONNNNN

The sound of these syllables, with slight variations in each of them, corresponds to the natural FA of the musical scale, which resounds in all of nature. Yogis vocalized the syllable ON, exchanging the N for an M, before and after their meditations.

Aztec Christic Magic

3. EPHRAIM

The mantra EPHRAIM has the power to develop all the chakras and powers of our Cosmic Crestos.

This mantra is pronounced like this: EEEE PHRRAAA IIIIIMM

All the occult powers of the astral body become active with this powerful Egyptian mantra.

The vowel H is pronounced like a deep sigh, and the letter P gives force to that vowel, as when one is blowing air.

A Catholic priest asked an Aztec magician, “How do you call God?” And the Aztec magician responded with a deep sigh; that sigh was the vowel H, and the word “breath” should contain the letter H.

H is a vowel even though grammarians do not say so; H is the breath of life, the igneous breath, and combined with the letter P, as in PH, gives the sensation of striking the breath of life with your lips.

So, this mantra contains formidable powers.

The vowel E develops the thyroid chakra and the powers of the mind. The PH carries the igneous breath to all chakras of the astral body, to awaken them. The mantra RA makes all the chakras of our astral body vibrate.

The vowel I awakens the chakras of the head and, when combined with the vowel M—like this IM—it acquires a formidable power that spreads through all the astral chakras, encouraging them and igniting them.

The vowel M is pronounced like a sound that is felt in the mouth but, since the lips are closed, it has to come out through the nose. That vowel M contains formidable powers.

The Seven Words

4. TAI RE, RE, RE

The disciple will fall asleep vocalizing this mantra:

TAAAIIII

REEEEE

REEEEE

REEEEE

This mantra should be sung by strongly accentuating the vowel A:

TAAAIIII

The three remaining syllables are vocalized giving the E, a flared sound, melodious, prolonged; the R, is not made to vibrate, but is only pronounced in a simple way.

REEEEE

REEEEE

REEEEE

The syllable TAI is sung in a deep tone. The repetition of RE, in a tone higher than TAI. When the disciple is falling asleep, when he is in that precise state of transition between wakefulness and sleep, he must get up from bed without hesitation, without laziness, without doubt, without reasoning, naturally, reflexively or instinctively, automatically, and absolutely childlike. Watch the birds; when they are going to fly, they do not reason in order to do it, they do not harbor doubts or preconceptions, rather, they fly instinctively, we could say automatically. The disciple should proceed in this way; imitate the birds. He must therefore get up from the bed, leave the bedroom and go to any corner of the infinite, to wherever he wishes.

When we say the student must get up from bed, translate this into effective and immediate facts, without giving room for thought.

Logos, Mantram, Theurgy

Now, this can be demonstrated; you must experience learning to unfold at will, leaving the body at will, it's easy. Lie down quietly, watching and spying on sleep, and pronouncing a mantra:

TAAAIIII

REEEEEEE

REEEEEEE

REEEEEEE

It has the power to make the silver cord vibrate and to slacken it. Once you are in that state of lassitude, of sleepiness, neither asleep nor awake, then get up very gently, with gentleness; take your legs out, sit up, and stand, turn back to see that your body is left in the bed, take a little jump and you'll see that you float in the fourth dimension, and you'll be able leave your home. You will feel weightless, subtle, delightful, etc..

Notes from Lectures given by the Master, No. 47

5. THE ANAHATA SOUND OR SUBTLE VOICE

Inside the human brain, within its cells, the subtle voice resounds incessantly. It is a hissing, high-pitched sound. It is the cricket song, the hiss of the snake, the anahata sound, the voice of Brahma. It has ten tonalities the theurgist should learn to hear. The student's mind should be absorbed in this sound, like a bee in the nectar of flowers.

He who wishes to listen to the anahata sound must empty his mind and must have his mind still, not stilled; we repeat, still. He who tries and proposes to listen to this mystical sound should keep his mind in silence, not silenced; we repeat, in silence.

Distinguish between a mind that is still because you have understood it is useless to think, and a mind artificially stilled. Differentiate between a mind that is naturally, spontaneously silent, and one that is forcibly, violently silenced.

When the mind is still, in deep silence, the student can inevitably listen to the sound of the cricket, a subtle, high-pitched, and penetrating sound. What's more, if the Soul is absorbed in this mystical sound, doors of mystery open for the student. So, at those moments, he instinctively

gets up from bed, and leaves the room to go to the temples of the White Lodge, or to any place of the universe.

The disciple must learn how to play the lyre of Orpheus; this lyre is the word, sound, the Great Word!

Logos, Mantram, Theurgy

There is a mystical sound the yogi must learn to hear. The Aztecs knew this mystical sound. Let us remember the hill of Chapultepec. A cricket upon a hill is represented in a Mexican codex. In ancient Rome, during the time of the caesars, the cricket was sold in golden cages at a very high price. Magicians of ancient Rome bought that little creature in order to use it in practical magic.

If we have that little creature close to the head of our bed, and if we meditate on its delightful song, we will hear the subtle voice at the moment of going to sleep. This phenomenon is equivalent to the phenomenon of two pianos that are equally tuned. If we play, for example, the note TI on either piano, the other piano will repeat the same note without the touch of a human hand. This is a very interesting vibratory phenomenon that can be proven by anyone. This exact thing happens with the mysterious sound of the cricket. In the human brain there is the musical sound that resounds when the little creature sings. It is a matter of affinity and vibration.

Feeding this little creature is not a problem. We know it feeds on plants (it also eats clothes in family houses, and people are afraid of it because no one wants to lose their clothes). Anyone can get that little creature in the countryside.

Whoever hears the subtle voice can travel instantly in the astral body any time he wants. If the devotee concentrates on the sound of the cricket, or if the yogi meditates on the sound of the cricket, and goes to sleep while listening to that sound, the mystical sound, the subtle voice

itself, will suddenly resound in his brain. Then the doors of mystery will be opened. In those moments, the Gnostic can rise from his bed naturally, and depart from his home in the astral body.

This does not have to do with getting up mentally; what we are saying must translate into actions. The devotee must rise from his bed with complete naturalness. Nature will act in those moments by separating the astral body from the physical body.

When we are out of the physical body, we feel a delightful, spiritual voluptuousness. There is no greater pleasure than to feel the Soul detached. In the superior worlds, we can speak with the ineffable gods. In the superior worlds, we can study at the feet of the Master. This is how we liberate ourselves from so many theories. This is how we drink from the living fountain of knowledge.

Every devotee must learn how to hear the subtle voice. The devotee can realize wonders and prodigies with this mystical sound.

If the devotee wants to hear this mystical sound his concentration must be perfect. To begin with, the student will hear many sounds but if he concentrates intensely on the sound of the cricket, he will manage to hear it eventually. Then he will attain victory. We inevitably attain illumination with this mystical sound.

In the final synthesis, this mystical sound is produced from the tranquil heart. The remote origin of this mystical sound must be searched for within the Divine Mother. The devotee must pray a lot, beseeching the Divine Mother to grant him the grace to hear the mystical sound.

With the grace of the Divine Mother every devotee can have the joy of hearing the mystical sound that allows us to instantaneously depart in the astral body.

The devotee who wishes to carry out these practices with success must devote himself to internal meditation when he truly feels very sleepy. You must know that every esoteric exercise of meditation that lacks the

factor of sleepiness is harmful, useless, sterile, because it damages the mind and harms the brain.

Internal meditation must be intelligently combined with sleepiness.

The Yellow Book

6. "S"

Si el estudiante gnóstico desafortunadamente no tiene en su poder el maravilloso animalito mencionado en este capítulo, entonces debe hacer resonar la letra S, así:

SSSSSSS

Como un silbo muy fino y delicado (labios entreabiertos y los dientes de arriba tocándose con los dientes de abajo) detrás de ese finísimo sonido, se halla la Sutil Voz que nos permite la salida instantánea en Cuerpo Astral.

The Yellow Book

Se puede adormecer el estudiante vocalizando la letra S, como un silbo dulce y apacible:

SSSSSSS

Con la vocalización de esta letra, adquirirá la capacidad de hacer resonar en su cerebro la Sutil Voz, el Sonido Anahata, a voluntad, el cual le permitirá salir conscientemente en Cuerpo Astral.

Logos, Mantram, Theurgy

7. LA-RA

The sexual force is bipolarized into positive and negative. Solar atoms ascend from our seminal system through the right ganglionic cord entwined around the spinal cord. Through the left ganglionic cord, which is also entwined around it, lunar atoms ascend from the same seminal system.

Well then, the solar atoms resonate with the mantra RA, and lunar atoms vibrate intensely with the mantra LA.

To make the subtle voice, the anahata sound, resonate within the brain, use the sexual power of the two witnesses known in the East by the names of Ida and Pingala.

The anahata sound is produced by sexual forces in motion, and it is already known that all movement produces sound. If you try to make the solar and lunar atoms of the seminal system vibrate intensely, the anahata sound will be louder, more intense, and will enable you to consciously depart in the astral body. Therefore, you should lull yourself to sleep by vocalizing mentally like this:

LAAAAAA

RRRAAAA

LAAAAAA

RRRAAAA

With these mantras, the solar and lunar atoms mentioned above will circulate intensely in an electric whirlwind. Such movement produces the anahata sound with which the student can consciously escape from the physical body. The important thing is that you get up from bed in the moments of falling asleep, taking advantage of the mystical sound.

The two witnesses of Saint John's Revelation grant the power of

prophecy because they produce the awakening of consciousness. The solar fire rises through the right ganglionic cord, and the lunar water rises through the left channel; fire plus water equals consciousness. The fire of the Phlegethon and water of the Acheron intersect in the ninth sphere (sex), forming the sign of the infinite. This sign is the holy eight; if you carefully observe the Caduceus of Mercury, you can perceive two coiled serpents that form the holy eight.

Logos, Mantram, Theurgy

Lying down on your bed, lull yourself to sleep by vocalizing the syllable LA; the tone of this syllable corresponds to the natural F of the musical scale. Elongate this syllable like this:

LAAAAAA

Immediately afterwards, vocalize the syllable RA.

RRRAAAA

Aztec Christic Magic

8. LA-RA-SSSSSS

Now I am going to explain other mantras to depart in the astral body. Listen but pay attention; it's necessary that you pay attention to what you are hearing.

Well, the greatest power that exists in the world, the best-known key to depart in the astral body depends on sexual forces. It's strange that we speak to you in this way, isn't it? Take care, pay attention. The creative energies, the famous libido that Sigmund Freud talks about, in other words, the sexual force, produces a sound when it's in the process of libido-genetic transmutation, a sound similar to that of a cricket.

Well, brethren, you can learn how to use this key to depart in the astral.

I'm going to teach it to you. You fall asleep by mentally vocalizing the syllables LA-RA, like this:

LAAAAAAAAAAAAA

RRRRRRRAAAAAA

LAAAAAAAAAAAAA

RRRRRRRAAAAAA

But this practice must be done with tenacity, with consistency. It's vocalized mentally. Understood? Next, fall asleep. Then, by logical deduction, we know that as soon as the energies are in powerful and high vibration, that letter—which is the whistle of the Fohat itself, the fire—the letter S is produced. This letter vibrates like this:

SSSSSSSSSSSSSS

You can certainly feel that letter vibrating in the cerebellum, as if it were the cricket's song, or a sound similar to that produced by compressed air brakes. When you feel or better when you hear this sound, don't be afraid, increase the volume. You can give it more resonance with your will, and then once the sound is vibrating very intensely, once you have a great resonance, take advantage of it, get up from your bed, just as you hear it, get up from your bed, don't start thinking, "What do I do, what do I do if I get up with my body or if I get up without my body, or where will my body be if I get up?"

Usually, students live all these hesitations or all these uncertainties; they do not comprehend. Get up, I repeat, get up. As you get up, nature will take care of separating the astral body from the physical body. All you have to do is to get up. Of course, it's not a matter of getting up mentally; what we are talking about must be translated into facts. Get out of bed!

You are not interested in that issue of the body. What you have to do is get up and, before leaving your room, take a little jump with the intention of floating in the atmosphere. If you float, it's because you are in

the astral body. Understood? If you do not float, come back and get into your bed, and repeat the experiment. I repeat, do not get tired; if you couldn't do it today, tomorrow you will be able to. Many disciples succeed at once, and others spend months and even entire years learning. In any case, tenacity wins.

So, when you feel the sound, you will get up from your bed. Understood? And you will leave your room but before leaving your room you will take the little jump inside, inside your room itself. Jump with the intention of floating. If you float, it's because you are in the astral; if you do not float it's logical it's because you are in the flesh and blood; then go back to bed again.

Well, brethren, this is a wonderful key; this key is very important. It's indispensable for you to achieve this key.

Lecture: "In the Beginning was the Word"

The etheric body consists of four ethers: chemical ether, ether of life, luminous ether, and reflective ether. The chemical and life ethers serve as a means of manifestation for the forces that work in the biochemical and physiological processes of everything related to reproduction of the race.

Light, heat, color, and sound are identified with the luminous and reflective ethers. The wise soul has its expression in these ethers, which is the beloved Maiden of our Memories. Seen clairvoyantly, this maiden looks like a beautiful lady in the etheric body.

The disciple should learn how to take the beloved Maiden of Memories with him in his astral travels in order to bring back the memory of what he sees and hears in the inner worlds since she is a mediator between the senses of the physical brain and the ultra-sensible senses of the astral body. She becomes, if the concept fits, like the depository of the memory.

In bed, at the time of sleep, invoke the Intimate like this, “My Father, you who are my true Being, I beg you with all my heart and with all my soul to extract from my etheric body the Maiden of my Memories so I don’t forget anything when I return to my body.” Then pronounce the mantra LAAAA RAAAA SSSSSS, and fall asleep.

Give the letter S a high-pitched whistling sound similar to that produced by air brakes. When the disciple is between wakefulness and sleep, he gets out of bed, and heads out of his room toward the Gnostic Church. This order should be taken literally, with certainty and faith since it is real and not fictitious, there are no mentalisms or suggestions in it. Get out of your bed carefully so as not to wake up, and leave your room walking with total naturalness as you do daily to go to work. Before going out, take a little jump with the intention of floating, and if you float, go to the Gnostic Church or to the house of the sick person that needs to be cured. But if when you take the little jump you do not float, return to your bed and repeat the experiment.

Occult Medicine and Practical Magic

9. RUSTI

The disciple should lie down flat on his bed. Relax your body so that no muscle puts pressure on the astral body. Lull yourself to sleep pronouncing the mantra RUSTI, like this:

RRRUUUUUSSSSSTIIIIIIII

This mantra is pronounced mentally. The disciple should become a spy of his own sleep in those moments.

Once the disciple is in that state of drowsiness or sleepiness that precedes sleep, he should get up from his bed and leave his room. The student should not worry about his physical body in those moments; he should get up from his bed and leave his room. How? In what way? Almost all students suppose this is a practice of magnetism or autosuggestion, etc., but unfortunately they are wrong because here it is not a matter of practicing autosuggestion or hypnotism; simply get up from your bed, nature will do the rest. She will know how to separate the astral body from the physical body. The disciple just has to get up and leave his room, and nature will do the rest.

Once he leaves his room, the disciple will take a little jump with the intention of floating in space, and if he floats he will then be able to transport himself to the Gnostic Church in several seconds. But if he does not float, the disciple should get into his bed again and repeat the experiment. Some people succeed immediately, and others take months and even years to learn. But the tenacious triumph in the end.

Zodiacal Course (Gemini)

10. SANSKRIT MANTRAS

The sacred scriptures of India affirm that the navel, heart, and throat are igneous centers of the human organism. They also add that by meditating on these centers we encounter the presence of the Masters Sarasvati, Lakshmi, and Parvati or Gauri, in successive hierarchical order.

These three masters work with the three profundities of our resplendent Dragon of Wisdom. These three masters direct the forces that come from the three aspects of the Solar Logos.

Sarasvati works with the forces of the Father, Lakshmi works with the forces of the Son, and Parvati with the forces of the Holy Spirit.

Sarasvati exercises power over the human mind. Lakshmi exercises power over the astral body. Parvati exerts power over the physical body.

The apprentice has to perfect his physical body by accustoming it to the practice of sexual magic with his priestess wife. This work is very arduous and difficult.

The companion needs to perfect his astral body until it becomes a useful instrument.

The master needs to perfect his mental body with the power of fire that blazes in universal orchestration.

The apprentice must invoke the Master Parvati to help him control the sexual organs during the practice of sexual magic.

The companion must invoke Lakshmi to teach him how to travel in the astral body. It is urgent to learn how to consciously and positively travel with the astral body.

The master must invoke Sarasvati so that he may help him to christify the mind. These invocations are made during sexual magic.

It is necessary to invoke the forces of the Holy Spirit during sexual magic. It is urgent to call the forces of the Christ so they give rise to the birth of the Christ-astral in the depths of our internal universe. It is indispensable to ask for assistance from the forces of the Father for our mind. We need to engender the Christ-mind.

The physical, astral, and mental vehicles must become fine instruments of the Spirit.

It is indispensable to learn how to depart in the astral body consciously. Let's remember that the mind is found within the astral. It is urgent to consciously visit the temples of the White Lodge. We can study at the feet of the Master in the astral world.

We are going to teach the mantras for astral projection as taught by a sage in one of his books. These mantras are in the Sanskrit language. The yogis from India chant them in order to travel in the astral.

Mantras for Astral Projection:

Hare Ram. Hare Ram, Ram Hare Hare. Hare Christ.

Hare Christ, Christ, Christ, Hare, Hare.

Hare Murare Modup Coiptus Hare Copal Govind Mukum Sonre.

Mage Prage Yodi Kolpi Basi Parvot Tullo Hiro No Dane En Bai de Nem.

Sri Govind. Sri Govind. Sri Govind. Sri Govind. Ganesha Namap.

The devotee must fall asleep with his head to the north or east. It is necessary for the devotee to first learn by heart these mantras from India. The devotee must lie down *dorsal decubitus* (face up); he begs, calls, and invokes with all his Soul, the Master Lakshmi to take him out in the astral body consciously and positively. It is necessary to call Lakshmi in the name of Christ.

Invocation: In the name of the Christ, by the glory of the Christ, by the power of the Christ, I call you, Lakshmi, Lakshmi, Lakshmi. Amen.

This invocation is repeated thousands of times, supplicating the Master Lakshmi to take you out of the physical body consciously, and to teach you to travel consciously in the astral body. After making this invocation, recite the Sanskrit mantras thousands of times with your mind concentrated on the Christ. Calmly fall asleep while making the invocation. When you wake up, practice a retrospective exercise to remember where you were, where you walked, with whom you were speaking, etc.

It is necessary to ask Lakshmi to teach you to go into the astral consciously.

It's necessary to have patience as great as that of Saint Job in order to learn to travel consciously in the astral body. Let us remember that the degree of apprentice is seven years long, and that only after seven years do the first flashes of illumination begin.

Special Indication: Jesus, the great hierophant said, "Help yourself, and I will help you." Therefore, the Gnostic student must take into account these words of the Master. The mantras for travel in the astral body as we have taught in this chapter are marvelous. The invocation to the Master Lakshmi is magnificent, marvelous, but the Gnostic student must help himself. He must concentrate on the navel, he must fall asleep chanting the mantras mentally, and when he finds himself drowsy, when he feels that characteristic lassitude of sleep, imagine himself to be a breeze, a gas, something subtle, feel himself to be completely aerial and gaseous, and in that state, feeling like that, ethereal and subtle, forget the heaviness of the physical body, think that he can fly anywhere because he no longer has weight of any kind. Forgetting the physical body, feeling like a cloud, aroma, breeze, divine breath, jump out of bed. Don't try to jump mentally, it's urgent for all of this to be translated into action, into concrete acts. Once outside the physical body, leave your house and direct yourself in your astral body to the Gnostic Church, or to whichever place you want. One can travel to other planets with the astral body. With the astral body, one can visit the most distant places of the cosmos, the temples of mysteries, etc.

11. LIFAROS-LIFAROS-LICANTO-LIGORIA

A Direct Key for Direct Knowledge.

It is necessary for our Gnostic disciples to learn how to come out of the physical body in their internal vehicles with full consciousness in order to penetrate into the different sephirothic regions.

It is necessary to know directly the twelve spheres of universal vibration where all the beings in the universe live and develop.

The disciple will concentrate on the heart chakra where the Cosmic Divine Mother dwells, supplicating Sephira, mother of the sephiroth, begging her to take him out of the body, and take him to the various realms of the kingdom in order to study directly the sephiroth of the Kabbalah. The disciple will pray a lot, and meditate on the Divine Mother, and vocalize mentally the following Kabbalistic mantras:

LIFAROS-LIFAROS-LICANTO-LIGORIA.

Vocalize these mantras syllable by syllable. If you carefully observe the intelligent phonetics of these mantras, the three vowels I.A.O. of the great mysteries stand out.

I.A.O. is hidden and combined in these sacred mantras of the Kabbalah. The disciple must fall asleep mentally vocalizing these four Kabbalistic mantras. Upon waking up from your normal sleep it is necessary to practice a retrospective exercise in order to remember what was seen and heard while sleeping.

Esoteric Course of Kabbalah

12. OMNIS BAUM IGNEOS

Fall asleep pronouncing the mantra:

OMNIS BAUM IGNEOS

Like this:

OOMMMNNNIISSSSSSSS

BAAAAUUUUUUUMMMM

IIIIIIIGNNNEEEEEOSSSS

Syllabicate the mantra, and prolong the sound of each vowel begging your Intimate to take you out of the body. Then, get up gently from your bed and, floating in space, go to the Gnostic Church.

Zodiacal Course (Gemini)

We are going to give a practice to penetrate the temple of Kalusuanga, the primitive god of light who will admit into his mysteries the souls that are thirsty for the Mayan Ray. The key to enter the temple of Kalusuanga, great Master of the Mayan Ray, is:

While seated on an armchair in front of a table, you will rest your elbows on it and hold your head with your left hand, while with your right hand you will make magnetic passes over your head, from the forehead to nape of your neck in order to magnetize yourself, and with the magnetic passes you will strongly throw the astral body outward toward the temple of Buritaca, headquarters of the ancient wisdom of the Mayan Ray.

Uniting your will and imagination in vibrant harmony, making an effort to become sleepy, you should feel as if you were acting in flesh and blood inside the Buritaca temple. With your mind, you will pronounce the mantra OMNIS BAUM IGNEOS. These words are pronounced in succession by prolonging the sound of the vowels until you fall asleep.

After practicing for some time, the disciple will depart in the astral body, and Kalusuanga, sublime Master of the Mayan Ray, will instruct him in the sacred Mayan mysteries.

Kalusuanga tests the courage of those who invoke him, and appears gigantic and formidable to test the disciple who, if courageous, will be instructed in the sacred science of the Mamas.

Mayan Mysteries

13. MAJESTIC KEY

Certainly, this was a series of mantric sounds with which one could consciously and positively perform the projection of the *eidolon*. For the good of our Gnostic students, it is convenient to didactically establish the intelligent succession of these magical sounds.

- a) A long, delicate birdlike whistle.
- b) Intonation of the vowel E (eh) elongating the sound with the note RE of the musical scale.
- c) Singing the R to resonate with the musical TI by imitating a child's voice in a high-pitched way, something similar to the high-pitched sound of a windmill or motor that is quite smooth and subtle (rrrrr).
- d) Make the S resonate very delicately like a sweet and gentle whistle (ssssss).

Clarification: Point "a" is a real and effective whistle. Point "d" is only similar to a whistle.

Asana: The Gnostic student should lie down in the position of a dead man, *dorsal decubitus* (face up). Open your toes in the form of a fan

with your heels touching each other. Arms along the body; the whole physical vehicle well relaxed. While falling asleep, in deep meditation the devotee will sing the magic sounds many times.

Elementals: These mantras are intimately related with the Elemental Department of Birds, and it is evident that the latter will assist the devotee by effectively helping him in the work of unfolding.

Each bird is the physical body of an elemental, and they always help the neophyte on the condition of upright behavior.

If the aspirant yearns for the assistance of the Elemental Department of Birds, he must learn to love them. Those who commit the crime of enclosing the creatures of heaven in abominable cages will never receive that assistance.

Feed the birds of the sky, become the liberator of those creatures, open the doors of their prisons, and you will be assisted by them.

When I experimented for the first time with this majestic key, after intoning the mantras, I felt vaporous and light as if something had penetrated inside the *eidolon*.

It is obvious that I did not wait to get out of bed. I myself abandoned the bed, I got up voluntarily, and left the house, walking slowly; the innocent elementals of the friendly birds within my astral body helped me in the unfolding.

The Mystery of the Golden Blossom

14. THE SECRET ORDER OF THE EOPTAE

Very ancient writings of Tibetan tantrism speak of a secret universal order of the astral world, which can initiate any aspirant while he is out of the physical body during normal, ordinary sleep. It is said emphatically that powerful lines of force emanating from the transcendental consciousness of the Adepts of the Order of the “Eoptae” can be perceived anywhere in the world. During the sleep of the physical body, the aspirant sees himself with the adepts of this order.

Concentrate daily on Master Tahuil, Adept of the Order of the Eoptae, and you will be assisted.

Sleep with your head toward the North, relax your body, invoke Tahuil, and call the Adepts of the Order of the Eoptae with the following prayer, “OM, I call, I invoke Master Tahuil and the Adepts of the Order of the Eoptae to take me out of the body and to awaken me in the astral.”

The Adepts of the Order of the Eoptae will educate you in the astral world during normal sleep.

When you wake up from sleep, practice a retrospective exercise to remember your astral experiences.

Occult Medicine and Practical Magic

15. THE MASTER LLANOS

The rose is influenced by Venus, star of love, morning star. A great ineffable master lives on that star; the master is called Master Llanos.²

2 Note: a double “LL” in Spanish is pronounced like the letter “Y” in English.

The Chela who wants to visit the morning star in his astral body shall operate as follows:

He will lie down with his body quite relaxed, and will fall asleep a little by uttering the following prayer with his mind.

Llanos... Llanos... Llanos... Help me,
 the... caller... the ... caller...
 Lla... nos... Lla... nos... Lla... nos...

And when the disciple finds himself dozing, he should sit up gently on his bed, toss away the blanket he is wrapped in, and get out of his bed. Standing on the floor, jump with the intention of remaining afloat in the air, and if you float, leave your house floating in the atmosphere and saying the invocation to Master Llanos, just as you were uttering it in bed.

Master Llanos is an inhabitant of the planet Venus, and he will hear the call of the caller, and will help you reach Venus, the morning star. When the disciple arrives to Venus, he will be received by Master Llanos, and if he wishes for wisdom, the master will illuminate him.

The disciple will be dazzled by ineffable radiance coming from the aura and diamond tunic of Master Llanos.

The key we give here for traveling in the astral body to the star of Venus, I—Samael Aun Weor—received from the great Egyptian initiate, Mary, mother of Jesus of Nazareth.

Occult Medicine and Practical Magic

16. PRAYER TO THE DIVINE MOTHER

Lie down on your back in bed with your body well relaxed, and fall asleep reciting the following prayer with your mind and heart.

“I believe in God, I believe in my Divine Mother, and I believe in white magic. My Mother, take me out of my body.”

Recite this magical prayer with total devotion and with intensive faith. Pray it millions of times, if necessary, while falling asleep.

But remember the saying, “God helps those who help themselves.”

Once you feel you are in that state of lassitude characteristic of sleep, when the first dreamy images begin in your mind, overcome laziness—please, I beg you—and, feeling like a subtle and delicate phantom, do the same as the pilgrim from our story in the guest room: get up from your bed and leave your house. Understood?

Gazing at the Mystery

17. OM BUR BUBAR SWA

The Two Superior Ethers

It is necessary to learn how to bring back the memories, to not agitate the body of desires, to remember, to look for the last, the second to last, the third to last, the fourth to last memory. The body of desires is related with the luminous ether and the reflective ether.

There are four ethers: the chemical ether, the ether of life, the luminous ether (perceptions), and the reflective ether, related with the memory, with the will.

The student should know how to manage the two superior ethers, the luminous and the reflective. As soon as he lies down, he needs to pray to the Divine Mother Kundalini and use the mantra SWA because this releases the two ethers, the luminous and the reflective; he must know how to use those two superior ethers, enabling him to see and hear better. The SW makes the solar plexus vibrate ...

The complete mantra is OM BUR BUBAR SWA. It is practiced at bedtime, and you pray to the Divine Mother Kundalini.

You should know how to strike the solar plexus and lungs with the SWA, it pulls them upward, the luminous ethers are released, it's very important; and when returning to the physical body, do not move, you must be still, and have paper and pencil under your pillow. Upon awakening, use the mantras GA-OM and RA-OM.

Notes from lectures given by the Master, No. 72
Thursday, January 8, 1970

18. THE HOLY EIGHT

The Holy Eight is a very important and interesting symbol. It contains, defines, and links the magnetic currents established between the earthly and spiritual man. If this sign is traced with the thumb, middle, and index fingers upon the surface of the cardiac plexus, it either joins or separates all the elements ruled by atomic energy.

Practice. Establish a still and silent state of mind. Go to sleep thinking of the figure of the Holy Eight (infinity), tracing an outline upon the heart in accordance with the previous description. Allow the aforementioned figure to submerge itself within your consciousness, then place the mind in a blank state, without thinking of anything. Thus, after a certain period of time, you will awaken consciousness in that region called the astral world.

If we observe the spinal column, we will see there the Holy Eight, and the two ganglionic cords which are entwined along the spinal cord, represented by the Caduceus of Mercury or Hermes. These are Ida and Pingala—the two witnesses, the two olive trees, the two candlesticks before the throne of the God of the Earth—which ascend to the brain, to the pineal gland, then to the pituitary between the eyebrows, finally reaching the heart by means of an extremely fine thread called Amrita-Nadi.

Solar atoms rise through the right-hand cord; lunar atoms rise through the left side. When they ascend through the spine, they ignite our magical powers. The Holy Eight is, has been, and will be the key to everything. No magician exists without the Holy Eight.

If we consider the outline of this symbol, we see it contains a double circuit where the two forces cross; one closes and the other opens.

This is the key to open all doors. It opens our inner temple; it is the sign that opens the Book of Seven Seals.

It is used universally in the Sacred Order of Tibet. This order, which we have the great honor of representing here in Mexico, is the most powerful order of the whole Oriental tradition. It is comprised of 201 members; the higher echelon being made up of 72 brahmans. The great reagent of the above-mentioned order is the great Guruji Bhagavan Aclaiva.

The Sacred Order of Tibet is the genuine depository of the royal treasure of Aryavarta. This treasure is the Arcanum A.Z.F.

Exercise: Immediately prior to going to bed, concentrate on the Sacred Order of Tibet and on the Holy Eight calling Master Bhagavan Aclaiva; he will assist you in going out in the astral body. We will be called to the Lodge of Tibet one night, and submitted to seven tests in the Temple of Himalaya. When one is called, one is pulled by the feet so as to be presented in an upright position, standing.

But one must have valor because one will be submitted to many very hard tests, decapitated and pierced through the heart with a sword. One

must have valor, the one who has aspiration and consistency will triumph. The Sacred Order of Tibet is very demanding, there we find the true rectors of humanity.

Tarot and Kabbalah

The Holy Eight and the Frontal Chakra:

The Great Master Hilariux IX, Knight of the Holy Grail, Prince of Jerusalem, and Guardian of the Temple, has said that by tracing the sign of the infinite fixedly on the frontal chakra and meditating on the Sacred Order of Tibet, the esoteric student unfolds. He projects himself into the astral, and at a moment's notice makes himself consciously present in the temple, where, after being subjected to numerous tests, he is given, lips to ears, the magnificent Arcanum A.Z.F. $F+A=C$. Effectively: fire plus water [agua] equals consciousness. Of course, the fire and water of the ninth sphere, of sex, as an instrument of sanctification, have the power to awaken the student's consciousness in the internal worlds ($F+A=C$).

Logos, Mantram, Theurgy

Now then, to overcome the inherent risks to any astral experience, and to attain a conscious and quick departure through these methods is, among other reasons, a more than sufficient cause for the Sacred Order of Tibet to emphasize its motto, "Nothing resists our power."

In accordance with the previous description the following exercise is advisable:

1. Mental quietude and silence.
2. Vividly imagine the Holy Eight.
3. Profoundly meditate on the Sacred Order of Tibet.
4. Such a sign joins or separates all the elements governed by atomic

energy if you trace it over the surface of your cardiac plexus with the thumb, middle, and index fingers of your right hand.

Love the Holy Eight, venerate it, and concentrate deeply on it. Thus, this number becomes a clear emblem of that Philosophical Mercury—true incarnation of Hermes—with which the Initiate must work in the Magisterium of Fire.

Meditate on the sacred sign of infinity, perfect representation of the living nexus, which wisely links the two worlds—divine and material—that flow respectively from the waters above and from the waters below, from the space that is produced in the second phase of creation. And at last, like a vehicle, a channel, and a means of expression of one into the other, they are united in the inner central core of individual consciousness.

Let us concentrate profoundly on this holy symbol, on the Ineffable Eight, on that double current of fire and water that is wisely interwoven in the ninth sphere within the living entrails of the earth.

Remember the noble alchemical figure of Basil Valentine, a resplendent variation of the caduceus, very sacred symbol of the mercury of the wise, within which the active properties of sulphur are united with the marvelous fecundated product of salt in order to wisely realize the mystical connubium of two luminaries in three worlds.

Let there be depth in your concentration. Meditate on the Sacred Order of Tibet. Evoke those eight kabirs or kabirim of the sign of infinity, those eight brothers, ineffable Semitic divinities whose cult and mysteries were passed afterward to the Greeks and Romans. Their special center was found in Samothrace.

Let us consider those holy gods as the children of Hephaestus or Vulcan and of the beautiful daughter of Proteus. Thus, they appear born from the Sacred Fire that develops and unfolds within the interior of the earth.

These eight brethren are then the Rectors of Nature, the generators of vital phenomena, the regulators of all the fundamental activities of this planetary organism on which we live.

Meditate and pray, remain as alert and vigilant as the lookout in times of war, and do not fall into temptation.

May the ineffable and terribly divine Holy Eight be submerged as a precious balm within your aching heart, and may the eight kabirs guide your steps toward the Sacred Order of Tibet.

I tell you, be integral, whole, and receptive. Thus, one given night, it does not matter which, you will be called to the Temple of the Himalayas. "Ask, and it will be given you ... knock, and it will be opened to you." (Matt 7:7)

Oh, Lanoo! Tell me, are you prepared to endure the tests? The old wise men of the East state that there are seven basic, fundamental, and indispensable tests for initiatic admission into the Sacred Order of Tibet.

My Return to Tibet ("The Sacred Order of Tibet")

19. URSA MAJOR

In the past, man was simpler, and since he did not have the intellect of the animal-soul, he perceived the subtle world and the planetary genii.

Ancient men grew spiritually under the influence of Ursa Major [The Big Dipper], and if students want to awaken consciousness, they must meditate intensely on Ursa Major. That constellation radiates powerful spiritual forces, and we must learn to converse with the sidereal genii of that constellation.

There is a key to transport yourself to that constellation. The key is

to meditate deeply on a “yellow stone” in the astral. Do this practice during the moments of transition between wakefulness and sleep, and then you will travel in the astral body to the biggest star of Ursa Major, where there is a powerful and gigantic civilization.

Zodiacal Course (Libra)

20. USE OF IMAGINATION

If you are dreaming you are in a certain place, and you wake up, do not move; fall asleep again with your imagination set on the aforementioned place, feeling yourself there again, and try to follow the dream as it was while, with your will, holding on to the place of the dream. Imagination and will united in vibrant harmony is the key to this key.

Zodiacal Course (Gemini)

At the time you are getting sleepy, intensely concentrate your imagination and will, united in vibrant harmony, on a certain place. The concentration must be perfect, and then walk with faith through the imagined place. You must not imagine that you are imagining because then the experiment will fail. You must really feel you are in the imagined place, and totally forget the room you are sleeping in.

This experiment should be done during the state of transition from wakefulness to sleep, and once there in that place, kneel down, and ask your own Inner God to take you to the Holy Gnostic Church, which is the great cathedral of the soul, and the temple where the Solar Logos, our Lord, the Christ, officiates.

Zodiacal Course (Gemini)

There is a key for going out in the astral body, which is very swift. Upon awakening from normal sleep, keep your eyes closed. Without moving, and with your eyes closed, you vividly imagine any place. But do not imagine that you are imagining, it must be translated into facts. If you feel completely sure of being in the imagined place, unite will and imagination, and logically, if this union is achieved, the result will be triumph. Put the imagination into play; in the place you are imagining, take a walk with faith.

If you do this practice and attain the interplay of will and imagination (which is feminine), without moving in bed, conserving sleep and imagining the place, putting the will into play and decisively getting up from the bed, you will then be able to go wherever you wish.

Tarot and Kabbalah

Learn to use your imagination and will united in vibrant harmony. Lying in your bed, or seated in a comfortable chair, imagine a well-known faraway place (a house, a park, an avenue, a city, etc.). Lull yourself to sleep with that image in your mind. When you find yourself falling asleep, with that image in your mind, make that image real, forget the place where your body is; put the force of will into play and, full of self-confidence, walk in the imagined place. Walk as if you were in the imagined place in flesh and bones. If the practice is done correctly, you will unfold, and your Soul will be transported to that place where you will be able to see and hear everything that happens there.

Introduction to Gnosis

21. AUTOSUGGESTION

Before going to sleep in your bed, you will do the following autosuggestion practice:

“I am going to sleep. Wherever I now appear, it is because I am in the astral body. I will recognize myself, I will recognize myself, I will recognize myself, and I will go to the Gnostic Church.”

You can make this autosuggestion for half an hour, and then fall asleep quietly. In the astral, you will recognize yourself mathematically, and at the time of awakening, do not move, and do a retrospective exercise to remember where you were.

Zodiacal Course (Gemini)

22. DISCERNMENT

Bearing in mind that during ordinary sleep the Soul wanders through all the familiar places or sites, and that in a state of slumber it occupies itself with the same daily functions and endeavors, throughout the day you should get used to asking yourselves, “Where might I be? Might I be inside the body, or outside of it?” Then take a little jump with the intention of floating. It is logical that if you then float it is because you are outside the body, and if you do not float, it is because you are in the flesh, and you go on your way. But if you float, pray to your Intimate to take you to the Holy Gnostic Church.

You should ask this question in the presence of something that catches your attention such as a crowd of people, a funeral procession, a curious object, etc. Many have awakened their consciousness with this formidable key because when they asked the question, they floated in the air and realized they were out of the body, and that they had left the body asleep in bed. “When the body sleeps, the Soul wanders.” But the Soul can come out of its unconscious sleepiness by means of this key. You should get used to doing this practice during the day so it becomes recorded in the subconscious and activates during sleep.

Zodiacal Course (Gemini)

During the hours of sleep, every human being moves in the astral, floating outside of the physical body. Unfortunately, during sleep, human beings wander in the inner worlds with the consciousness also absolutely asleep. Usually, they are dedicated to performing the same tasks executed in daily life. If someone wakes up consciousness when he is dedicated to nighttime tasks, he will have the opportunity to contemplate all the wonders of the superior worlds with his astral eyes, and can devote himself to the study of the great mysteries of life and death.

We will reveal a precise key for awakening astral consciousness during the time of normal sleep in the superior worlds.

Exercise: During the wakeful state, at every moment during the hustle and bustle of daily life, you have to become accustomed to discernment. For instance, when a student sees a beautiful sunset with all its purple colors, the most logical thing to do is to ask himself, “Might I be in the astral body? Might I have stepped out of the physical body?” Then, try to take a little jump, a jump upward with the intention of floating. And if you manage to float, it is because you are in the astral body, because you have left your physical body sleeping in bed, inactive though with all your vital faculties.

Gnostic disciples should acknowledge and remember that, during sleep, souls see things astrally exactly as they exist in the physical world, and that is why anyone would firmly believe he is in the physical body. The fact is that in the inner worlds the Law of Levitation reigns, while in the physical world, the Law of Gravity!

So, the little jump solves the problem, and if you float in the astral, you will awaken consciousness. And every detail, everything worthy of curiosity, every beautiful landscape of nature must motivate the student to ask himself this question, and to take the jump.

Logos, Mantram, Theurgy

23. MAGIC OF THE ANGEL'S TRUMPET

The elemental of the angel's trumpet is a total magician; he is from Neptune, and has formidable powers. Seen clairvoyantly, this elemental looks like a twelve-year-old child, and holds the magician's staff in his hands.

Every angel's trumpet tree has its corresponding elemental, which should be used by those who wish to go out consciously in the astral body. I frequently used the elemental of this tree to teach my disciples how to go out in the astral body. I say I used it because I am referring to ancient times.

How to proceed: I took a branch from this tree, and around this tree I traced quite a wide circle on the ground; I crushed flowers from the tree, and dabbed the juice on the disciple's head.

The disciple laid down on his bed, fell asleep, and I ordered the elemental to take him out of his physical body. These orders were accompanied by the mantra of the angel's trumpet, which is KAM, pronounced by extending the sound of the last two letters, like this:

KAAAAAAMMMMM

Today, all our Gnostic disciples must use the powers of this elemental to learn how to depart consciously in the astral body, proceeding just as we have already taught. Then, they should imperatively order the elemental like this, "When I call you, you will always come. I need you to take me out in the astral body whenever I order you to."

Next, the disciple will prick one of his fingers with a pin, and with a knife he will make an incision in the tree in which he will deposit his blood, and in this way the pact with the genie of the angel's trumpet is formalized.

“Write with blood, and thou wilt find that blood is spirit.” (Nietzsche)

“Blood is a very special fluid.” (Goethe)

Then the disciple will cut some of his hair, and hang it on the tree. He will take some flower petals from it, put them in a little bag, and hang them on his neck as a talisman. From that moment, the disciple will have this humble elemental under his service, it will always attend his call.

When the disciple wants to depart in the astral body, he should lull himself to sleep in bed pronouncing the mantra of the tree, and with his mind concentrated on this elemental genie, calling him mentally, begging him to take him out in the astral body; and in that transition state between wakefulness and sleep, the elemental of the angel's trumpet will take him out of his physical body, bringing him to the places he yearns to go.

Every time the disciple can, he should visit the tree, water it, bless it, and take flowers, which he will use when he likes since, as we said before, these flowers are crushed with a stone, and their juice is extracted, which is applied on the head to go out in the astral body. It is convenient to note that the juice is applied at the time when the disciple goes to bed, when he is going to sleep. But when there are no flowers on hand, the disciple can always invoke his elemental servant to take him out in the astral body.

Also, this elemental has the power to make us invisible. When the disciple wants to become invisible, he pronounces the mantra of the elemental of this tree (KAM); he calls his servant, and begs him to make him invisible, which will be a fact.

In ancient times, when I wanted to become invisible, I crushed the flowers, as I explained; I applied the juice to the joints of my body, begging the elemental to make me invisible.

But we should warn that the first thing a disciple has to do is to overcome the body. In ancient times, man lived in the bosom of Mother

Nature, and then all the powers of the blessed Mother Goddess of the World resounded powerfully in their voice boxes, and expressed themselves through all the chakras with that great euphoria of the universe. Today, the human body is entirely unadapted to nature, and the powerful waves of the universe cannot express themselves through it. We need to adjust the body again to the bosom of the blessed Mother Goddess of the World. We need to clean this wonderful organism, and prepare the body to once again become a sounding board of nature.

The disciple must invoke the seven potencies daily with the powerful mantra MUERESIRANCA, begging them to prepare his body for the exercise of practical magic.

Also, we should be tenacious and persistent, year after year, invoking the seven potencies daily to prepare the body.

The body of a magician has a different vibratory tonality from that of other bodies of the human species.

No matter how good a musical instrument is, if it is not properly tuned, the artist will not be able to successfully perform his melodies. A similar case occurs with the human body of the magician; the latter must tune his wonderful organism to be able to execute his great works of practical magic with full success.

Occult Medicine and Practical Magic

24. PEYOTE OR JICULI

There is a prodigious cactus in Mexico, mentioned by Master Huiracocha in his novel *Rosy Cross*.

It is the peyote³ or jiculi. This cactus has the power to instantly awaken clairvoyance in those who chew it. Peyote grants conscious departure in the astral body. It is a sacred plant of the Great White Lodge.

Unfortunately, in the capital of the Mexican Republic it is absolutely impossible to find authentic peyote. It is only found in San Luis Potosi or Chihuahua among the Tarahumara Indians of the Sierra.

The Masters of the Temple of Chapultepec use this cactus for their instantaneous and urgent astralizations. Just chew it, that's all!

Logos, Mantram, Theurgy

25. YAGUÉ PLANT

Guardian Angels: Every disciple is assisted by a guru, by a guardian angel. Before teaching the practice of departing in the astral, you should call for help from the master or guardian angel. First of all, pray to your Internal God so that he may call the guru in the sacred language. Indubitably, this master finds it feasible to take the disciple out consciously in the astral body.

Many students have totally spoiled their faculties by bad habits and customs in their past incarnations. And now they suffer unspeakably because, in spite of knowing all the Gnostic keys, they are unable to manage to depart consciously in the astral body.

In the Amazon jungle and Putumayo, there is a wonderful plant called the *yagué*. The *piachis* of the tribes take this plant in an infusion mixed

³ “The Indians of the Amazon use the ‘yagué’ to awaken clairvoyance. The Aztecs use ‘peyotl,’ a Mexican plant the Indians of the North use to awaken clairvoyance momentarily. All these herbs achieve a momentary awakening of clairvoyance but continuous, transcendental, and truly positive clairvoyance is only achieved by practicing sexual magic with one’s spouse.” Master Samael, *Elementary Level Perfect Matrimony*, chapter 4.

with *guarumo*. And they depart in the astral. If a Gnostic student who does not possess the faculty of going out consciously in the astral would drink this infusion, he would instantly achieve conscious unfolding. And if he used it daily for some time, he would acquire the faculty of astralization. Later, even if he did not drink it anymore, he would not need it because this faculty would be permanently instilled in him.

Logos, Mantram, Theurgy

